

Date:7/03/2022

**Notice**

All the Teaching & Non – Teaching staff are hereby informed that WDC, Staff Welfare Committee & NSS Unit in association with IQAC Organizes International Women's Day celebration on Tuesday, 8<sup>th</sup> March ,2022 at 11.00 Am.

Venue: College Auditorium.

  
Principal

**Copy To**

1. Hon. Secretary / C.E.O., Saket Gyanpeeth
2. Vice-Principal
3. Office Superintendent
4. Notice Board
5. Notice File
6. Web site



SAKET GYANPEETH'S



SAKET COLLEGE OF ARTS, SCIENCE AND COMMERCE, KALYAN EAST

WDC, Staff Welfare Committee & NSS Unit In association with

IQAC ORGANIZING

“International Women’s Day”

Tuesday – 8<sup>th</sup> March 2022

Time: 11.00 a.m.

<u>PROGRAM AGENDA</u>	
1.	Lighting of the Lamp
2.	Introduction of Event by.Prof. Manisha Kulkarni
3.	Speech by CEO Ma'am (Mrs. Shobha Nair)
4.	Speech By Principal Sir (Prof. Dr. Vasant Barhate)
5.	Skit – “स्त्री जागर”
6.	PPT (International Successful Women)
7.	Role Play- # Break the Bias
8.	Games -Talent Show Complete the Word
9.	Vote of Thanks
10.	National Anthem
11.	Refreshment



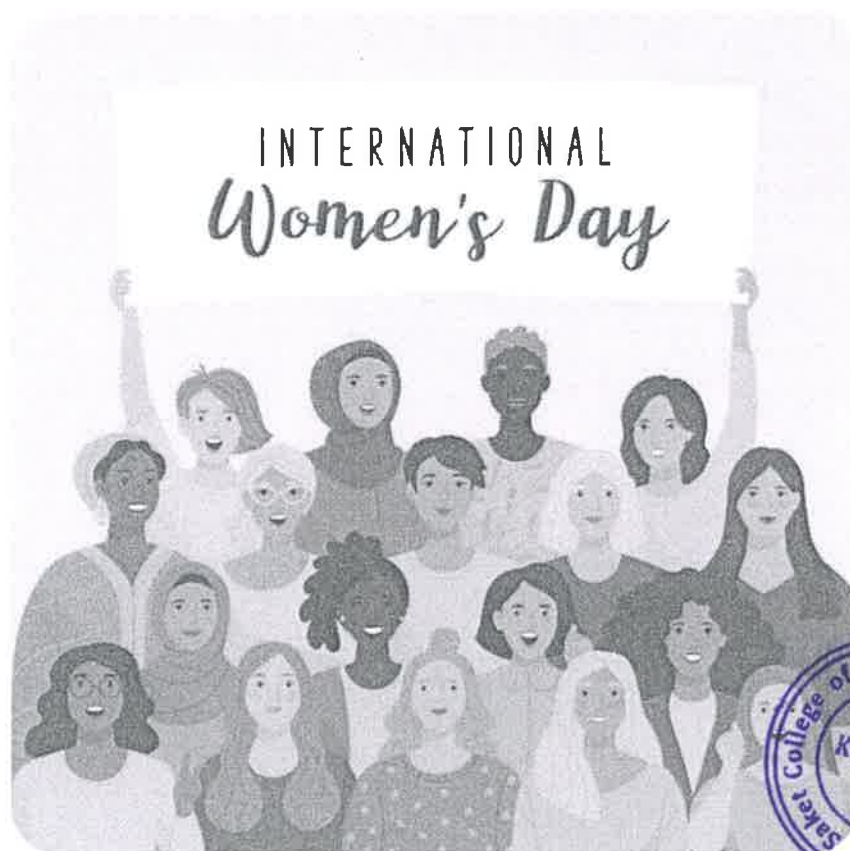
(Permanently Affiliated to University of Mumbai)

NAAC Accredited B Grade

**WDC ,Staff Welfare Committee & NSS  
Unit**

**in association with  
IQAC oragnizes**

International Women's Day  
Celebration



**Tuesday 8th March, 2022**

**Time :11:00 AM**

**At :College Auditorium**

**International Colour Theme : Purple**

**Report on Gender Equity Program "Celebration of International Women's Day"**  
**(Criterion 7.1.1)**

Date: 09-03-2022

**Venue: College Auditorium**

**Time: 11.00 am**

The **International Women's Day** was celebrated at **Saket College Arts, Science and Commerce**, Kalyan East on **Tuesday, March 8**, organized by **Women's Development Cell, Staff welfare committee and the National Service Scheme** in association with **IQAC**.

The guest for the function was Smt. Shobha Nair, CEO of Saket Gyanpeeth, Director of Pramod Ram Ujgar Tiwari Management Institute Dr. Sanoj Kumar, Principal of B.Ed. Mahavidyalaya, Shri. Vidyaprakash Maurya, Head Mistress of Saket Vidyamandir Smt. Mamta Singh, Principal of Nursing College Smt. Padmaja Kadam, Dr Vasant Bahate, Principal of the Degree college Vice Principal Prof. Navnath Mule along with them all the teaching and non-teaching staff of the Institution participated.

Asst. Prof. Manisha Kulkarni, who inaugurated the event, highlighted the importance of Women's Day. Smt. Shobha Nair conveyed in her speech, "The theme of today's International Women's Day is '**Break the Bias- 'Leave the prejudice'** and this should start with us." Prof. Dr. Vasant Barhate stated in his guided speech, "Unless the prejudices in the mind do not change, the woman will not blossom. In order to remove the injustice against the woman, the mentality of everyone in the society needs to be changed".

On this occasion, the National Service Scheme (NSS) students presented a play '**Stree - Jagar**' depicting the importance of women through life stories of various women leaders. Further various entertainment and cultural programs were arranged by Women's Development Cell. The highlight of the same was a skit projecting the theme of International Women's Day # **Breakthebias**.

The event ended up with the vote of thanks by Asst. Prof. Gayathri Nair.

**Beneficiaries: -35 teachers**

**Outcome:**

1. The importance of women was portrayed throughout the event.
2. The staff of the institution actively participated and enjoyed the event.
3. The thought on the theme of the event 'Break the Bias' was initiated.



*Blagyan*  
Chairperson of committee



# Feedback Form for " Women's Day Celebration" on 8th March 2022

16  
Responses

01:55  
Average time to complete

Active  
Status

## 1. Name

16  
Responses

Latest Responses  
"Kadambari Khairnar"  
"Bhagyasri Agarwal"  
"Priya Nerlekar"

2 respondents (13%) answered **Athira MK** for this question.

**Kadambari Khairnar**

**Vishakha Mokashi Pratibha Pooja Pandey Suvitha Sukumaran**

**Rajeshree Mundhe Athira MK TAISEEN SHAIKH**

**singh Mrs MGKulkarni Dr Priya Nerlekar Gayathri Nair**  
**Bhagyasri Agarwal Prakash Jadhav**



2. Contact no.

16  
Responses

Latest Responses

"9987281648"

"9324541379"

"9867161995"

2 respondents (13%) answered **9768333395** for this question.

9372257162

**8879285720 9082276876 9821455087 8693014913**

9029650846

**9768333395**

**9594710688**

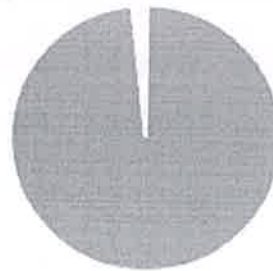
**8108258199 8928739716 9920770360**

**9867161995**

**9324541379**

3. Working as

- Teaching 16
- Non- Teaching 0



### 4. Department

16  
Responses

Latest Responses

"BBI"

"Self finance"

"Marathi"

4 respondents (25%) answered **Self finance** for this question.

Accountancy and Finance

English

Hindi

**Self finance** cs Arts

B Com(B&I)

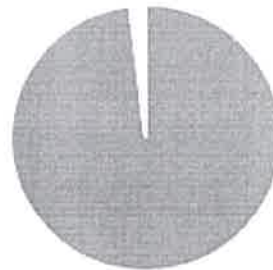
Library

BBI

finance &commerce Marathi

### 5. Did you like the event?

- Yes 16
- No 0



### 6. How would you rate the event

16  
Responses



4.63 Average Rating



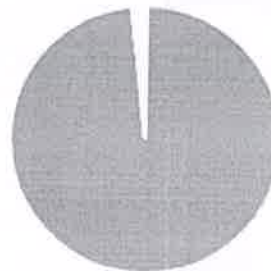
7. Do you think the skit was related with the theme of International Women's day?

- Yes 15
- No 1



8. Did you like the activities organized by the committee?

- Yes 16
- No 0



9. Any Suggestions

14 Responses

Latest Responses

"No"

"No"

"Really great event"

2 respondents (14%) answered **students** for this question.

innovation

PRESENTATION too good

Good efforts

creativity level

great event

ही students event

रहो Nil

करते

Excellent event

अच्छा discipline of students

appreciable

session

Jst

month

activity

program







Date: **3/01/2022**

Notice

All the students & Staff (Teaching & Non-Teaching) of Degree College are hereby informed that the college will remain closed on ~~Friday~~ **5/01/2022** on account of **Haldi Kumbh M.**

  
Vice Principal

  
Principal

**Copy To**

1. Hon. Secretary / C.E.O., Saket Gyanpeeth
2. Vice-Principal
3. Office Superintendent
4. Notice Board
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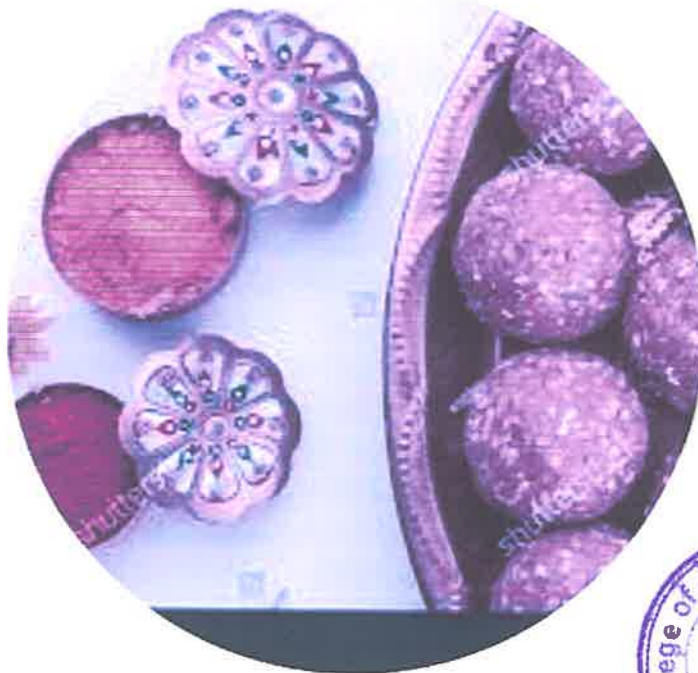


Saket Gyanpeeth's  
**Saket College of Arts, Science & Commerce**  
(Affiliated to University of Mumbai)

NAAC Accredited B Grade

Cultural Committee in association with IQAC is  
organising

## *Haldi Kumkum*



**Venue : College Bldg (102)**

**Saturday**  
**5th February, 2022**



**11:30 am**



[www.saketcollege.edu.in](http://www.saketcollege.edu.in)



[/saketcollegekyn](https://www.facebook.com/saketcollegekyn)



Saket Vidya Nagari Marg, Kalyan East

2/21/24 Haldi-Kum program

Female

Male

- Qnishma 130
- Suvitha 130
- Gayathri 130
- Athira 130
- Pooja 130
- Sheetal 130
- Reshmi (mam) 130
- Reshma 130
- Priya Mam 130
- Kadambri 130
- Bhagyashri 130
- Pratibha 130 (2)
- Shradha 130
- Rajeshree Mam 130
- Namita Mam 130
- Surbhi Bhoir 130
- Shraddha Dattardor 130
- Deepika Singh 130
- Bhakti Mam 130
- Manisha Mam 130
- Anita Mam
- Praseena Mam
- Vedika Dholakija
- ~~Shobha Mam~~
- ~~Manita Mam~~
- extra.
- ~~Kavita Mam~~
- Kavita Mam.

- Shahaji 50
- Narayan 50
- Jadhav Sir 50
- Kuldeep 50
- (mule Sir) 8

2990  
+ 200  
3190

Mausi (10)  
Management Staff (4)

3190  
- 690 → Gift Expenses  
2500  
- 240 → Tilgud gud  
2260  
- 1870 → Food expenses 460  
390  
- 200 → Gogro  
190 → Rajeshree Mam  
+ 240

2990  
+ 200  
3190

100  
23  
+ 4  
27  
+ 10  
37

40 → Gifts



12  
2260  
- 1840  
420

3190



Saket Gyanpeeth's

# SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

(NAAC Accredited "B" Grade)

(NAAC Accredited "B" Grade)

(Affiliated to University of Mumbai)

REQUISITION FOR

MATERIALS/CHEMICALS/EQUIPMENTS/FURNITURES/ STATIONARY & OTHER

Divn / Section:

To,  
The Principal  
Dear Sir/Madam,

Kindly arrange to provide the following material at your earliest:-

Sr.No	Description	Quantity	Required on	Remarks
1.	Deeprajwala		4/1/2020	
2.	2 Table. cloth with Table, scissors, ribbon, 5(Roses)			
3.	Mike, chairs (20), Speakers			
4.	Rangoli chairs (7 dams)			
5.	Expenses of students			
	a) Deepi Thakur (40)			
	b) Posters (14) (375)			
	c) Decoration (500)			
	d) Selfie Point (350)			
		1965		

I lead of Department/Section

O.S.

Prof in charge

Deepika Singh

Remarks of the Stores in-charge:

Signature

Remarks of Principal:



Signature

Date 3/1/2021

P.O./S.O.No.

**Saket Gyanpeeth's**  
**Saket College of Arts, Science & Commerce**  
(Permanently Affiliated to University of Mumbai)  
NAAC Accredited B Grade  
REPORT ON "REPORT ON HALDI KUM-KUM CELEBRATION"

Venue: 102(College Bldg)  
Time: 11.30am to 1.00pm

Date: 5-01-2022

The Cultural Committee in association with IQAC of Saket College of Arts, Science and Commerce had celebrated Haldi -kumkum, a ceremony which follows Makar Sankranti-the first festival to kick-start the year .It also happens to be the only Hindu festivals based on the position of the sun.

There is chance that she 'll spend that holiday in preparing large quantities of sweets from sesame seeds and jaggery for the friends and family to consume, but well ,can't have everything. This mostly applies to a married woman, so singletons can just enjoy the day of f and munch on, til-gul'

**Outcome:**

1. It is a symbol of their married status and wishing for their husband's long lives
2. the most important benefits is social gathering.

**Beneficiaries: 32**



  
Cultural Co-ordinator



**Staff Welfare Forum**

**Academic Year 2021-22**

**Minutes of the meeting**

**HEALTH CHECKUP CAMP 2022**

The meeting of the heads/in charge department was held on 11th February 2022 in the college.

The meeting was chaired by:

Principal. Dr. Vasant Barhate

Vice principal: Mr.Navnath Mule

Chief coordinator: Praseena Biju

Teacher Incharge: Manisha Kulkarni

The agenda was taken for discussion was item wise.

IQAC in association with Staff Welfare Forum is organizing Health Checkup camp on Mon 14th Feb 2022 at 11.00 am, in room no 102, Saket college building.

- Introduction & Welcome of the guest by Asst.Prof. Manisha Kulkarni
- Felicitation of the Guest - Principal. Dr. Vasant Barhate.
- Speech by Principal sir
- Health Camp started at 11.15 am, onwards.
- All staff members & many more had been the part of the camp & benefited from it

Later, we received lot of positive feedback with the help of feedback form provided by IQAC Committee.





Date 11/2/2022

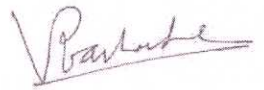
**NOTICE**

All the Teaching and non-teaching staff are hereby informed that IQAC in association with Staff Welfare Forum is organising Health Check-up camp on Monday 14 February 2022 at 11.00 am.

Note: Kindly register for the same.

Link for the registration:

<https://forms.gle/yALamMGmRy4up5Vp6>

  
Principal

**Copy To-**

1. Hon. Secretary/C.E.O., Saket Gyanpeeth
2. Vice Principal
3. Office Superintendent
4. Notice Board
5. Notice File
6. Website





**Saket Gyanpeeth's**

**Saket Group of Educational Institutions, Kalyan East**

**Staff Welfare Forum in association with**

**IQAC**

**(Saket College of Arts, science &Commerce)**

**Organises**

**“Health Check Up camp “**

**For All Teaching & Non-Teaching Staff**

**Monday – 14<sup>th</sup> February 2022-02-12**

**Time – 11.00 am**

**Venue – Room No 102 (College Building)**

Sr.No	Program Agenda	
1	Introduction & Welcome of Guest	Asst.Prof. Manisha Kulkarni
2	Felicitation of Guest & Speech By Principal Sir	Principal.Prof.(Dr) Vasant .Barhate

**Camp Time: 11.15 am**







# Sai Aadhaar Multi Speciality Hospital

Date:- 12/02/2022

To,  
Administration  
Saket Gyanpeeth Trust  
Kalyan ( E )

Respected Sir/Mam,

We Sai Aadhar Hospital whole heartily welcome your approach for progressive and healthy society and thank you for choosing us for this great opportunity.

We acknowledge our confirmation for 14th Feb, 2022.

Our teams of Doctors: - **DR. RAHUL TIWARI / DR. NARENDRA PATIL / DR. TAUSIF SHAIKH** & Dr. Sohel. , Sisters & Co-Staff at your campus for same & also we are conducting following Health Checkup Test:-

1. ECG
2. SUGAR
3. BP
4. LIPID PROFILE
5. HBA1C
6. BMD & CBC.

Also, we assure you, rendering our best services to esteemed institute like you and its staff.

Thanking you,

SAI AADHAR HOSPITAL TEAM,  
KALYAN EAST





# Saket Gyanpeeth's SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

( Un - Aided, Hindi Linguistic Minority Institution )

( NAAC Accredited "B" Grade )

( Affiliated to University of Mumbai )

Ref No : SC/2021-2022/1158 .

Date:14/02/2022

To,  
Dr. Rahul Tiwari,  
Sai Aadhar Multi Specialty Hospital,  
Kalyan (E)

## Subject: Letter of Appreciation

Respected Sir,

On behalf of Staff Welfare Committee and IQAC of Saket College of Arts, Science and Commerce, we would like to express our appreciation for conducting Health Camp on 14<sup>th</sup> February 2022 at 11:00 am in our college premises.

We are pleased to inform you that the health camp was helpful for our staff and the all staff gave a very positive response about the same. We profusely thank you for sparing your valuable time with us.

We hope to continue the association with you in future also.

Regards,

Yours Truly,



*V. B. Bhatnagar*

Principal

Saket Vidyanagari Marg, Chinchpada, Kalyan ( East ), Dist. Thane (MAH), India - 421 306.  
www.saketcollege.edu.in, E-mail : info@saketcollege.edu.in, saketcollege2009@gmail.com

: 0251 - 2251500 / 2250951 • Mob: 7208020258 / 7208020259

“ G Y A N A M - A N A N T A M ”



Saket Gyanpeeth's  
SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

(NAAC Accredited "B" Grade)  
(Affiliated to University of Mumbai)

Ref. No.

Date

Attendance Record for Health camp.

Academic Year 2021-22

Date:- 14 Feb 2022

Time:- 11.00

Venue:- Saket college

Sr. no	Name	Contact No	Mail Address	Sign
01	Mrs. Praseena Biju	902241022	Praseena.biju@ saketcollege.edu.in	
02	Dr. Shahaji Kamble	917591467	Shahaji14175@gmail.com	
03	Paras Khatn Tiwari	99304799	-	
04	Kiran Gopal Dinde	79772494	-	
05	Grishma Nair	914295835	nair.grishma@saket college.edu.in	
06	Athira M.K	97683338	athirahukaror	
07	Vijaya P. Bawane	9004809058	vijayabawane@gmail.com	
08	Suitha Sukumaran	9029650846	Suitha.sukumaran4@gmail.com	
09	Bhagyani Agarwal	9324541374	agarwalbhagyani@gmail.com	
10	Kadambari Khairnar	9987281678	kkhairnar95@gmail.com	
11	Shradha Paudey	9029588436	Pandeyshradha155@gmail.com	
12	pratibha choudhary	892873976	Panyepm@rediffmail.com	
13	Kuldeep P. Koxi	9167975284	KPKoxi23@gmail.com	



Sr. no	Name	Contact No	Mail Address	Sign
14	Bhakti Mulchandani	9552447447	bhaktimulchandani@gmail.com	Bhakti
15	Rebecca Gurap	8483219206	rebeccarichard@1234	R Gurap
16	Ashish S. Daunde	9920935925	daundeashish@gmail.com	Ashish
17	Nikhil Pandya	7720900504	emanthan123@gmail.com	Nikhil
18	Padmaja Kadam	8446613020	padmajakadam5000@gmail.com	Padmaja
19	Surbhi Bhoir	9987554472	surbhib86@gmail.com	Surbhi
20	Dr. Taiseen Shaikh	9821455087	taiseen12@gmail.com	Dr. Taiseen
21	Vandhana Iyer	9029929327	vandhu7552.iyer@gmail.com	Vandhana
22	Kavita Jaiswar	8329137842	kavitajaiswar12345@gmail.com	Kavita
23	Himanshi Jaiswar	7021329106	Himanshijaiswar23@gmail.com	Himanshi
24	Namita Parab	9820709170	bnamita1993@gmail.com	Namita
25	Shraddha Dattardar	9769543535	shraddha.kirpekar@gmail.com	Shraddha
26	Manisha G. Kulkarni	9920770360	manishagk21@gmail.com	Manisha
27	A. D. Mune	932327	3310 Calley	A. D. Mune
28	Dharmendra Tiwari	9082055683	-	Dharmendra
29	Deekshata Honde	957218586	-	Deekshata
30	Priyanka Pawar	-	-	Priyanka
31	Yogita Manjre	-	-	Yogita
32	Aarti Wankhede.	7458395539	-	Aarti
33	Sonam Kumari	7900065715	-	Sonam
34	Anuradha Tripathi	9555896792	-	Anuradha
35	Mahalakshmi-Kumari	777999877	-	Mahalakshmi
36	Jyoti Surois Pathod.	9607073135	jyotirathod219@gmail.com	Jyoti
37	Pooja Pandey	9082296871	pandeypooja18@gmail.com	Pooja
38	Melena N	7276656586	-	Melena

melena.nath.konolba@gmail.com



Sr. no	Name	Contact No	Mail Address	Sign
39	Sheetal Kadam	9718928699	SheetalKadam30@gmail.com	
40	Narayan H Lal	9769216363	Narayan-Jal@sgket college.edu.in	
41	Vaishali Borse	7057181482		V.R. Borse
42	Mansi Bhosale	7045078588	mansibhosale@yahoo.com	
43	Shruti Rokade	9152548037	-	
44	Nikita Kamble	7039868065	-	
45	Sonika Dewar	7400118299	-	
46	Vasanti Bhande	8652168985	Vasantibhande@yahoo.co.in	
47	Madhu Shelar	9867899409	shelar.madhuraj@gmail.com	
48	Manali Chavan	9702665009	Manali_999@gmail.com	
49	Sarika Sohawane	9503550494	sarika16@gmail.com	
50	Poonam Jangle	8856937961	poonamjangle@gmail.com	
51	Reshma Nair	7506050641	reshmanair1905@gmail.com	
52	Gayatri Nair	8693064913	gayatri.nair@gmail.com	
53	Prakash Jadhav	9028996671		
54	Prakash Jadhav	8108258199	prakashjadhav@gmail.com	
55	Dinesh Singh	9004210048		
56	Kavita Tiwari	7710084193		Kavita T.
57	Rashmi Singh	7021372152	singhrashmi3158@gmail.com	
58	Deepan Bhanu	8655679482	deepan.bhanu@gmail.com	
59	Shiraj Manasrao	8652488114	shiraj1@gmail.com	
60	Nitesh Kadam	9619021035	niteshkadam17@gmail.com	
61	Kishor Manoj Khade	708697053	Kishorkhade87@gmail.com	
62	Shardha H. Shinde			
63				





Timestamp	Name	Department	Contact No	Email Id	If Any type
22 17:17:35	Suvitha Sukumaran	Self finance -Accounta	9029650846	suvitha.sukumaran04@gmail.com	No
22 17:17:49	Bhagyasri Agarwal	Self finance (BAF)	9324541379	agarwalbhagyasri@gmail.com	No
22 17:40:51	Reshma Rajagopalan Nair	BMS	7506050641	reshmanair1709@gmail.com	No
22 17:47:09	Bhakti	Commerce	9552447447	bhaktimulchandani@gmail.com	No
22 18:36:26	Gayathri Nair	Self finance (baf)	8693014913	gaggunair@gmail.com	No
22 18:36:30	Kadambari Khairnar	Commerce and self fin	9987281648	kkhairnar95@gmail.com	No
22 19:26:02	Namita parab	Self finance	9820709518	bnamita1993@gmail.com	No
22 7:47:28	athira4u4ever@gmail.com	BBI	9768333395	athira4u4ever@gmail.com	Nil
22 7:48:10	Grishma Nair	BMS	9619295865	Nair.grishma@saketcollege.edu.in	Thyroid
22 7:48:14	Rajeshree Mundhe	IT and CS	9594710688	Raji0709@gmail.com	Nil
22 7:48:33	Shraddha pandey	IT/CS	9029588436	pandeyshraddha155@gmail.com	Nil
22 7:49:55	Kuldeep P. Kori	BMS	9167075284	kpkori23@gmail.com	No illness
22 7:51:05	Narayan Mohan Lad	B Com	8169825865	narayan27.lad@saketcollege.edu.in	No
22 7:51:55	Prakash Jadhav	Commerce	8108258199	jadhav.prakash@saketcollege.edu.in	No
22 8:07:23	Pratibha Chaudhary	IT/CS	8928739716	panjepm@rediffmail.com	No
22 8:20:32	Praseena Biju	It/ cs	9022410207	praseenabiju2000@gmail.com	No



साकेत महाविद्यालय में आरोग्य शिबीर

दिनांक १४ फरवरी २०२२

समय प्रातः ११.०० बजे

स्थल साकेत महाविद्यालय कल्याण पूर्व

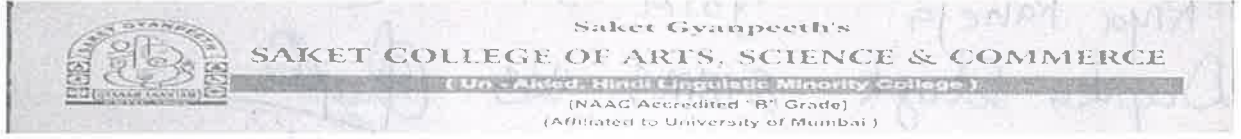
दि.१४ फरवरी को सुबह ११ बजे आरोग्य शिबीर का आयोजन किया गया था। इसमें साकेत महाविद्यालय के सभी पदाधिकारी , अध्यापक गण तथा कर्मचारी आमंत्रित थे।

इस कार्यक्रम की प्रस्ताविकी असिस्टेंट प्रोफेसर मनिषा मॅडम ने की । कार्यक्रम का उदघाटन कॉलेज के प्राचार्य डॉ वसंत भराटे सर ने दिप प्रज्वलन कर के किया । उन्होंने सभी मेहमानों का स्वागत भी किया ।

इस कार्यक्रम में साई आधार मल्टि स्पेशलिटी हॉस्पिटल के डॉ राहुल तिवारी, डॉ नरेंद्र पाटिल, डॉ तौसिफ शेख डॉ सोहेल यह अपनी पुरी टिम के साथ उपस्थित थे । इस कार्यक्रम का समापन असिस्टेंट प्रो मनिषा मॅडम ने किया । इसके बाद इस शिबीर की शुरुआत हुई इसमें मधुमेह , उच्च रक्तचाप , तथा अन्य बिमारीओं की जाँच की गयी । इस शिबीर के कुल ३०० लाभार्थी थे।







**Date: 21<sup>st</sup> February 2022**

## **NOTICE**

All the degree students are hereby informed that '**WOMEN DEVELOPMENT CELL**' in association with IQAC is organizing '**Self Defense (Karate) session**' on **26<sup>th</sup> February 2022 at 10.00am.**

**Venue: College Ground**

### **Note: -**

Students should wear T-Shirt and Track Pants

Students should follow the Covid Protocol

### **Link for registration:**

**<https://forms.office.com/r/5PniyP4MCa>**

*V. Parhad*

**PRINCIPAL**



Copy To

1. Hon. Secretary / C.E.O., Saket Gyanpeeth
2. Vice-Principal
3. Office Superintendent
4. Notice Board
5. Notice File
6. Web site



**Saket College of Arts, Science & Commerce**

(Affiliated to University of Mumbai)

NAAC Accredited B Grade

**WDC Cell in association with IQAC is organising**

**Self Defence (Karate) Session**

**Karate Instructor**



**Mr. Mohan Kumar**

Black Belt, 8th - DAN  
Military & Police Trainer



**Saturday**  
**26th February, 2022**



**9.00 A.M**



SAKET GYANPEETH'S

SAKET COLLEGE OF ARTS, SCIENCE AND COMMERCE, KALYAN EAST

Women Development Cell In association with  
IQAC (Saket College of Arts Science and Commerce)

ORGANIZING

“Self Defence (Karate) Session”

(OFFLINE)

Monday – 26<sup>th</sup> February, 2022

Time: 10.00 a.m.

<u>PROGRAM AGENDA</u>		<u>Time</u>
1.	Introduction of Event, WDC, Guest	10.00 Am – 10.10 Am
2.	Felicitation of Guest - Principal Prof. (Dr.) Vasant Barhate	10.10 Am – 10.20 Am
3.	Speech by Principal Sir	10.20 Am – 10.30 Am
4.	Instructions to students (Covid Protocol)	10.30 Am – 10.35 Am
5.	Self Defence Event	10.35 Am – 11.35 Am
6.	Vote of Thanks	11.35 Am – 11.45 Am





# Saket Gyanpeeth's SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

( Un - Aided, Hindi Linguistic Minority Institution )

( NAAC Accredited "B" Grade )  
( Affiliated to University of Mumbai )

Ref No. SC/2021-2022/1142

Date: 3<sup>rd</sup> Feb. 2022.

To,  
Mr. Mohan Kumar, Black Belt 8<sup>th</sup> – DAN  
Kalyan (E)

## Subject: Invitation letter for Self Defence (Karate) Session

Respected Sir,

Saket college of Arts, Science and Commerce (Affiliated to University of Mumbai) has been excelling for the past 19 years in imparting quality and value-based education and extra curriculum activities for the students and moulding them into ideal global citizens. Our college offers various undergraduate and post graduate programme in Arts, Science, and Commerce and catering the quality education to 4500 plus students. The college has been accredited by NAAC with 'B' Grade in the first cycle.

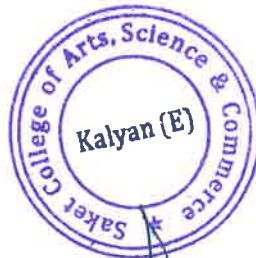
We are pleased to inform you that our college is organizing "Self Defence (Karate) Session" on **26<sup>th</sup> February 2022 at 9 am** for Saketians. This will help students to make them aware about importance of Karate in today's fast life.

On behalf of IQAC and WDC of Saket College of Art, Science and Commerce we invite you to conduct the Karate session as a resource person.

Kindly accept the invitation for the same. We look forward for your positive response.

With Regards & Thanks,

Yours truly,



Principal

(Prof. (Dr.) Vasant. D.Barhate)



# Saket Gyanpeeth's SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

( Un - Aided, Hindi Linguistic Minority Institution )

( NAAC Accredited "B" Grade )  
( Affiliated to University of Mumbai )

Ref No.: SC/2021-2022/1117

Date: 24<sup>th</sup> Feb'2022

To,  
Mr. Mohan Kumar, Black Belt 8<sup>th</sup> -DAN  
Kalyan (east)

**Subject: - Letter of Appreciation**

Respected Sir,

On behalf of Women Development Cell and IQAC of Saket College of Arts, Science and Commerce, we would like to express our appreciation for conducting Karate session "Self Defence" on 26<sup>th</sup> February 2022.

We are pleased to inform you that the session taken by you was extremely beneficial and the students gave a very positive response about the same. It was indeed our honour to have you as an instructor and we profusely thank you for sparing your valuable time with our students.

We hope to continue the association with you in future also.

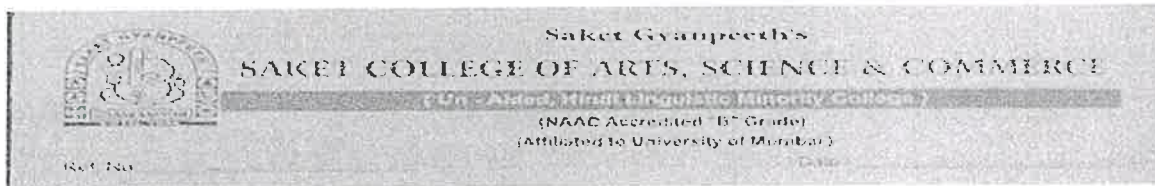
Regards

Yours Truly,



*V. Barhate*  
Principal

Prof. (Dr.) Vasant D. Barhate



## ATTENDANCE RECORD

Event Name: Self Defence Session.

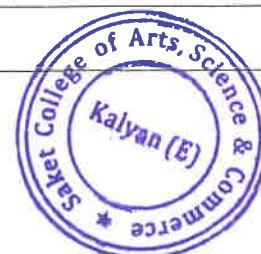
Academic Year 2021-2022

Date: 26<sup>th</sup> Feb, 2022.

Time: 10.00 am

Venue: College Ground.

Sr.No	Name	Contact No	Mail Address	Sign
1.	Supriya Jaiswar	9167121476	gautamneha225@gmail.com 9167121476	Supriya
2.	Kajal Gupta	7738438960	kajal.d.gupta131@gmail.com	Kajal
3.	Vaishnavi Sharma	9004628105	vsharmavaishnavi504@gmail.com	Dharma
4.	Dasha Solonki	9324125741	dashusolonki2003@gmail.com	Dasha Solonki
5.	Aspita Chauhan	9321496535	aspitachauhan063@gmail.com	Aspita
6.	Sanika Mali	9172631640	sanika@gmail.com	S.S.Mali
7.	Ritu Rupwadhikar	8879475193	riturupwadhikar599@gmail.com	Ritu
8.	Anamika Singh	7715849916	tannusingh29173@gmail.com	A
9.	Vandana Chauhan	8451874061	vandanachauhan697@gmail.com	Vandana
10.	Shivani R. Singh	9969720072	singhshivanir05@gmail.com	Shivani
11.	Kanishka A. Balani	9062519113	kanishkabalani214@gmail.com	Kanishka
12.	Dakshita R. Koh	7350500876	Dakshita@gmail.com	Dakshita
13.	Shivam Prasad Patil	8452014072	shivampatil3@gmail.com	Shivam



1.	chandan tiwari	8928050487	tiwarichandan1585@gmail.com	<del>Chas</del>
2.	Sauvabh yadav	9594313167	yadav.sauvabh87702@gmail.com	Sauvabh
3.	Monu Yadav	8828943809	monu93330@gmail.com	Monu
4.	sauvabh mandal	9322752724	sauvabhmandal307@gmail.com	sauvabh
5.	Shweta Gavali	8169573826	shwetagavali1432@gmail.com	Shweta
6.	Anjali patel	9920521206	write2anyupatel0505@gmail.com	Anjali
7.	Pratiksha kshirsagar	7208676678	kshirsagarpratiksha17@gmail.com	Pratiksha
8.	Sandana Prajapati	7400107205	Sandana.Prajapati103@gmail.com	Sandana
9.	Jyoti Nikam	7715019409	Sakshinikam7677@gmail.com	Jyoti
10.	Rajesh Sadupatil	9326915347	rajeshsadupatil@gmail.com	Rajesh
11.	Ritesh Sakpal	9136184448	riteshsakpal22@gmail.com	Ritesh
12.	Sakshi shukla	7738662089	shuklasakshi909@gmail.com	Sakshi
13.	Rishi Gupta	9167100310	guptarishi664@gmail.com	Rishi
14.	Vaibhav Prajapati	7039998366	Vapr2102@gmail.com	Vaibhav
15.	UTAL GAUTAM	7208240765	gautamujala@gmail.com	UTAL
16.	Manisha Singh	9321436811	12002053549@gmail.com	Manisha
17.	Baby Pal	704544978	palsivabi46@gmail.com	Baby
18.	Harsh Adate	7021032049	harshadate101@gmail.com	Harsh
19.	Hemangi Sheh	9819189211	hemangishen1128@gmail.com	Hemangi
20.	Anamika S. Dhusia	9004647806	anamikadhusia@gmail.com	Anamika
21.	Pratiksha. Mutekar	9372760737	UtekarPratiksha03@gmail.com	Pratiksha
22.	Sayali D. Bhangre	9326079040	Sayalibhangre6@gmail.com	Sayali
23.	Yogendra S. Karde	9867996623	Sureshkarde2268@gmail.com	Y.S. Karde
24.	Sweety Mehara	6299792155	sweetymehara@gmail.com	Sweety
25.	shweta parignathi	9326634457	shwetaparnigrahi28@gmail.com	Shweta
26.	Swarna Padwad	9321766378	Swarnapadwad@gmail.com	Swarna
27.	Sangita Dake	9167766246	SangeetaDake@gmail.com	Sangita









**Report on Gender Equity Program “Self Defense (Karate) Session” (Criterion 7.1.1)**

Date: 02-03-2022

**Venue: College Ground**

**Time: 10.00 am**

**Women Development Cell of Saket College of Arts, Science and Commerce** in association with IQAC had organized a Self Defense “**Karate Session**” on Saturday, **26<sup>st</sup> February, 2022** at **10.00 am** on college ground. The resource person for the session was **Mr. Mohan Kumar (Black Belt, 8<sup>th</sup> – DAN)**.

The session was highly informative and energetic. Mr. Mohan Kumar sir Showed importance and several techniques of Self Defense.

**Outcome: -45**

- Students made aware about how to develop well-balanced mind and body, through training in fighting techniques.
- Students made aware about Why Self-defense is so important in today’s life

**Beneficiaries:**



*Bhagyamini*  
Head of the Department





# Feedback Form for "Self Defence- Karate session"

35

Responses

01:27

Average time to complete

Active

Status



## 1. Name of the students

35

Responses

Latest Responses

"Chandan Lalji Jaiswar "

"Suraj babasaheb gaikwad"

"Chandan tiwari"

3 respondents (9%) answered **Gupta** for this question.



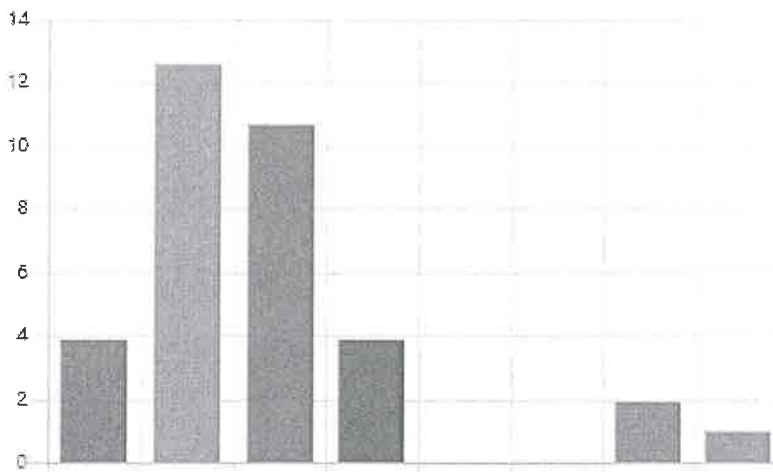
## 2. Class

● First year	10
● Second Year	24
● Third year	1



### 3. Stream

<input type="radio"/> BMS	4
<input type="radio"/> BAF	13
<input type="radio"/> B.COM	11
<input type="radio"/> BBI	4
<input type="radio"/> BSC. IT/CS	0
<input type="radio"/> B.A.	0
<input type="radio"/> BFM	2
<input type="radio"/> BIM	1



### Contact no.

**35**  
Responses

#### Latest Responses

- "215017"
- "7045436998"
- "8928050487"

1 respondents (3%) answered **7715849916** for this question.

**9082519113      9372760737   8879475193   9326634457**  
**7738662089   7045499788   9892149635   7208240765   9326672997**  
**7208676678      7715849916      7039998306**  
**9920521206   9167100310   9321496535   9324125741**  
**9594313167   9082733500   9702196049      9326915347**

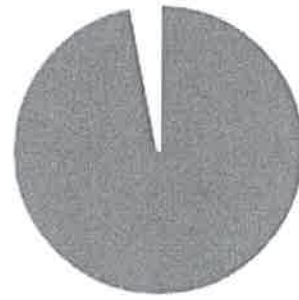
### 5. Did you like the event?

<input type="radio"/> Yes	35
<input type="radio"/> No	0



6. Do you think the Session was beneficial?

- Yes 35
- No 0



7. How would you like to rate the session

35  
Responses



8. Would you like to attend more sessions like this?

- Yes 35
- No 0



### 9. Any Suggestions

28  
Responses

Latest Responses

"Open the college"

"No"

"It was so useful to protect us. I like such types of tips so that we can d..."

6 respondents (21%) answered **session** for this question.





Date: 4<sup>th</sup> February 2022

**NOTICE**

All the degree students are hereby informed that 'WOMEN DEVELOPMENT CELL' in association with IQAC and NSS is organizing a seminar on 'Cancer Awareness' for Girl Students on 12<sup>th</sup> February 2022 at 11am.

Venue: College Auditorium

**NOTE:**

**Only Girl Students are allowed to attend.**

**Link for registration:**

**<https://forms.office.com/r/ehGqMJHzfL>**



PRINCIPAL

Copy To

- 1 Hon. Secretary / C.E.O., Saket Gyanpeeth
- 2 Vice-Principal
- 3 Office Superintendent
- 4 Notice Board
- 5 Notice File
- 6 Web site

1) Shradha Pandey	<del>Shradha</del>	S4CS	201
2) Pooja Pandey	Pooja	SYBWM	304
3) Dr. Shahaji Kambale	<del>Shahaji</del>	SYBTA	307
4) Prakash Jadhav	<del>Prakash</del>	TYBCom	402
5) Bhagyasri Agarwal	Bhagyasri	TYBAF	403
6) Namita Parab	Namita	SYBAF	404
7) Kunaldeep P. Kori	<del>Kunaldeep</del>	TYBMS	405
8) Pratibha Chaudhary	Pratibha	SYIT	
9) Sunitha Sukumaran	Sunitha	TYBIM	301 (MMS)
10) Deepika Singh	Deepika	SYBMS	303
11) Arishwarya Nair	Arishwarya	TYBFM	306
12) Kadambari Chaurmar	Kadambari	TYBBI	203
		SYBBI	202.







# Saket Gyanpeeth's SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

( Un - Aided, Hindi Linguistic Minority Institution )

( NAAC Accredited "B" Grade )  
( Affiliated to University of Mumbai ) ,

Ref No: SC/2021-2022/1141

Date: 3<sup>rd</sup> Feb. 2022

To,  
Dr. Jaishree Bankira ,  
(MBBS, MD Medicine, Fellowship Medical Oncology)  
Onocologist  
SRV. Mamta Hospital, Dombivali (E)

## Subject: Invitation letter to be a Guest Speaker

Respected Ma'am,

Saket college of Arts, Science and Commerce (Affiliated to University of Mumbai) has been excelling for the past 19 years in imparting quality and value-based education and extra curriculum activities for the students and moulding them into ideal global citizens. Our college offers various undergraduate and post graduate programme in Arts, Science, and Commerce and catering the quality education to 4500 plus students. The college has been accredited by NAAC with 'B' Grade in the first cycle.

We are pleased to inform you that our college is organizing seminar on Cancer Awareness 12<sup>th</sup> February 2022 at 11 AM for Saketians. This will help students to make them aware about causes, effects and precautions about the cancer.

On behalf of IQAC and WDC of Saket College of Art, Science and Commerce we invite you to conduct the seminar on "Cancer Awareness" as a resource person.

Kindly accept the invitation for the same. We look forward for your positive response.

Regards

Yours truly,



Principal

(Prof. (Dr.) Vasant D. Barhate)



# Saket Gyanpeeth's SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

( Un - Aided, Hindi Linguistic Minority Institution )

( NAAC Accredited "B" Grade )  
( Affiliated to University of Mumbai ) ;

Ref. No : SC/2021-22/1152

Date : 11<sup>th</sup> Feb' 2022 .

To,

Dr. Jaishree Bankira (Oncologist)

Resource Person

(MBBS, MD Medicine, Fellowship Medical Oncology)

SRV Mamta Hospital, Dombivli (E)

**Subject: - Letter of Appreciation**

Respected Ma'am,

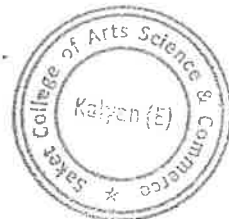
On behalf of Women Development Cell and IQAC of Saket College of Arts, Science and Commerce, we would like to express our appreciation for conducting Seminar on "Cancer Awareness" on 12<sup>th</sup> February 2022 at 11.00Am.

We are pleased to inform you that the session taken by you was extremely informative and the students gave an incredibly positive response about the same. It was indeed our honour to have you as an instructor and we profusely thank you for your valuable time.

We hope to continue the association with you in future also.

Regards

Yours Truly,



Principal

Prof. (Dr.) Vasant D. Barhate

SAKET GYANPEETH'S



SAKET GROUP OF EDUCATIONAL INSTITUTIONS, KALYAN EAST

Women Development Cell In association with  
IQAC (Saket College of Arts Science and Commerce)

ORGANISES

“Seminar on Cancer Awareness”

(OFFLINE SEMINAR)

Saturday – 12<sup>th</sup> February, 2022

Time: 11.00 a.m.

Venue: - College Auditorium

<u>PROGRAM AGENDA</u>		<u>Time</u>
1.	Introduction of Seminar, WDC, Guest – Asst.Prof Gayathri Nair	11.00 Am – 11.10 Am
2.	Felicitation of Guest - Principal Prof. (Dr.) Vasant Barhate	11.10 Am – 11.20 Am
3.	Speech by Principal Sir	11.20 Am – 11.30 Am
5.	Seminar by Dr.JaishreeBankira	11.35 Am – 12.35 Am
6	Vote of Thanks – Asst.Prof. KadambariKhairnar	12.35 Am – 12.45 Am



B-0  
G-78



Attendance Record for Breast Cancer

Academic Year 2021-22

Date:- 12-02-22

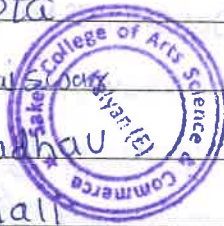
Time:- 11.00 am

Venue:- college Auditorium

Sr. no.	Name	Contact No	Mail Address	Sign Class
1	Kriti Pathak	8604552959	pathakkriti@gmail.com	Fy BMS
2	Jyoti Prajapati	9702177824	Prajapatirhee.vaidk@gmail.com	Fy BMS
3	Rani Yadav	845294205	Yadavrani78110@gmail.com	Fy b.bi
4	Su. Tata N. Gupta	8828243816	SuTatagupta2786@gmail.com	Fy bca
5	Shalini Pathak	7977539755	Shalinipathak755@gmail.com	Fy b.M
6	Diksha N. Chakravarty	8422055684	Dikshachakravarty2408@gmail.com	Sy bca
7	Chandrakala W Bhandari	842484283	bhandari.chandrakala@gmail.com	Sy Bca
8	Sejal S Sawant	9921747602	SejalSawant7427@gmail.com	Sy Bca
9	Sandana R. Prajapati	7400107205	Sandana.Prajapati103@gmail.com	Sy BAF
10	Vaishnavi Sanjay Endole	9049679638	Vaishnaviendole2002@gmail.com	S.Y. BI
11	Niti Jha	7977381394	@niti.jha.123@gmail.com	Sy BBI
12	Priyanka Anil Chauvasiya	9881234098	Chauvasiyapriyankasus@gmail.com	Sy BScIT
13	Vaishnavi B. Singh	9320823264	VaishnaviB2346@gmail.com	Fy BIM



Sr. no	Name	Contact No	Mail Address	Sign Class
14	Nikita S. Mishra	845201316	mnikitati0@gmail.com	Nikita
15	Prachi S. Tiwari	7208128791	tiwariprachi2008@gmail.com	Prachi
16	Anjali S. Tiwari	9594389909	tiwarianjali863@gmail.com	Anjali
17	Tejeshwari M. Methrikar	8928664169	tejummm123@gmail.com	Tejeshwari
18	Ankushi K. Sachan	865275158	ankushi2603@gmail.com	Ankushi
19	Hiteshi C. Bhajani	9869373854	bhajanihitu2502@gmail.com	Hiteshi
20	Sanika S. Patil	93246738	sanikapatil18@gmail.com	Sanika
21	chetna S. Dekhane	9082583791	dekhanechetna@gmail.com	Dehane
22	Laxmi S. Gawade	932474619	laxmisingawade@gmail.com	Laxmi
23	Santoshi S. Kale	9075417136	santoshikale18@gmail.com	Kale
24	Shivani R. Singh	996972007	Singhshivanir@gmail.com	Shivani
25	Tanvisha P. Pawar	9321892202	H306817@gmail.com	Tany
26	Easha Mishra	740034346	mishraeashad@gmail.com	Esha
27	Pooja D. Rajbhar	7304104059	Poojarajbhar4059@gmail.com	Pooja
28	Snehalata Thakur	8169115898	thakursnehalatakurma@gmail.com	Snehalata
29	Anujyoti A. Behara	9967002705	anujyotib10@gmail.com	Anujyoti
30	Nikita A. Gawli	8451950805	gawlinikitor23@gmail.com	Ny
31	Gurjar M. Jyoti	7821853339	Jyotigurjar882@gmail.com	Jyoti
32	Hemangi U. Shah	9819189211	hemashah1126@gmail.com	Hemangi
33	Kanishka Arvind B	9082519113	kanishkababine214@gmail.com	Kanishka
34	Kajal Gupta	773843896	kajal.d.gupta1311@gmail.com	Kajal
35	Supriya Jadhav	9167121476	Santamneha225@gmail.com	Supriya
36	Pooja Jadhav	8779132058	poojajadhav1962002@gmail.com	Pooja
37	Sanika Mali	9172631640	Sanika@gmail.com	S.S. Mali
38	Anjali Patel	9920521206	write2anjupatel@gmail.com	Apate



Sr. no	Name	Class	Contact No	Mail Address	Sign
39	Shweta Gavali	SYBAF	8169573826	shwetagavali1432@gmail.com	<i>Shweta</i>
40	Akanksha Mhatre	SYBAF	9167918759	akanshamhatre2003@gmail.com	<i>A.Mhatre</i>
41	Sonam Malgonda	SYBAF	9892946016	malgonda.sonam@gmail.com	<i>Sonam</i>
42	Praykatta Utekar	SYBAF	9372760737	Utekarpraykatta03@gmail.com	<i>Praykatta</i>
43	Sayali Bhangre	SYBAF	9326079040	Sayalibhangre6@gmail.com	<i>Sayali</i>
44	Krutika More	SYBAF	989214635	morekrutika975@gmail.com	<i>Krutika</i>
45	Sanskriti Bhatte		9004286378	Sanskritibhatte30@gmail.com	<i>Sanskriti</i>
46	Manorama Salunkhe		8169076983	salunke2003@gmail.com	<i>Manorama</i>
47	Shweta Chauhan	TYBAF	9867223112	Chashweta713@gmail.com	<i>Shweta</i>
48	Vinika T. Rema		9004727159	rema.vinika.688@gmail.com	<i>Vinika</i>
49	Asha Shinde		70457359	Asha.Shinde0311@gmail.com	<i>Asha</i>
50	Khushi Shukla		7304128633	KhushiShukla3720@gmail.com	<i>Khushi</i>
51	Sweta Tiwari		8424869875	Swetatwari0905@gmail.com	<i>Sweta</i>
52	Sanika Palshetkar		8828535835	Palshetkarsanika1437@gmail.com	<i>Sanika</i>
53	Yadav Shobram Devi		7304337922	Yadavshobramdevi1999@gmail.com	<i>Yadav</i>
54	Khan Naaz Fatima		9321631939	nk6854104@gmail.com	<i>Naaz</i>
56	Ritu Ranyapurhit		8879475193	rituranyapurhit0599@gmail.com	<i>Ritu</i>
57	Sapna Gupta		908273350	Sapnagupta@gmail.com	<i>Sapna</i>
58	Divya Pal		9833384821	divyapal1866@gmail.com	<i>Divya</i>
59	Vandana R. Chauhan		845187406	vandanachauhan697@gmail.com	<i>Vandana</i>
60	Pranali Avinash Kharat		8452017791	Pranali031kharat@gmail.com	<i>Pranali</i>
61	Jyoti Vinod Kharat		9619572135	DeepakKharat0280gm	<i>Jyoti</i>
62	Gauri Sanjay Kare		9702913674	GauriSanjayKare@gmail.com	<i>Gauri</i>
63	Jyoti Mali	TYBAF	8263506713	justinmalis33@gmail.com	<i>Jyoti</i>
64	Khushboo Maurya	TYBAF	9867925207	mauryakhushboo357@gmail.com	<i>Khushboo</i>





Saket Gyanpeeth's  
SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

(Un-Aided, Hindi Linguistic Minority College)

(NAAC Accredited "B" Grade)  
(Affiliated to University of Mumbai)

Ref. No.

Date

Attendance Record for Breast Cancer

Academic Year 2021-22



Date:- 12-02-22

Time:- 11.00 am

Venue:- College Auditorium

Sr. no	Name	Contact No	Mail Address	Sign Class
65	Dolanki Dasha Soma	9324125741	dashusolanki2003@gmail.com	<u>Dolanki</u> Soma
66	Sharma Vaishnavi Narendra	9004628105	sharmavaishnavi04@gmail.com	<u>Vaishnavi</u> Sharma
67	Dakshata R. Kokam	735050081	chikshatikokam@gmail.com	<u>Dakshata</u> Kokam
68	Ranjana Sadashiv Sawant	8956186285	namrita.sawant@gmail.com	<u>Ranjana</u> Sawant
69	Sangita Simanchal Dakea	9167766246	Sangeetadakea45@gmail.com	<u>Sangita</u> Dakea
70	Suvama Soma Padawale	9321766378	Suvama.padawale@gmail.com	<u>Suvama</u> Padawale
71	Duppali Renuka Lingayya	8108406316	Renukaduppali@gmail.com	<u>Renuka</u> Lingayya
72	Deepthi M. Thakur SYBMS	7715067125	deepthi.thakur1416@gmail.com	<u>Deepthi</u> Thakur
73	Gautam Ujala Mannuprasad	7208240765	gautamujala9004@gmail.com	<u>Gautam</u> Mannuprasad
74	Pal Babji Swendra	7045499718	palswaji44@gmail.com	<u>Babji</u> Swendra
75	Manisha Anand Singh	9321436811	12002053549@gmail.com	<u>Manisha</u> Anand Singh
76	Neha Valsaraj	9004506378	nehavalsaraj@gmail.com	<u>Neha</u> Valsaraj
77	Sakshi Sanjay Shukla	7738662089	shuklasakshi309@gmail.com	<u>Sakshi</u> Shukla









**Saket College of Arts, Science & Commerce**

(Affiliated to University of Mumbai)

NAAC Accredited B Grade

**WDC Cell in association with IQAC is organising**

**Cancer Awareness Program**

**Guest Speaker**



**Dr. Jaishree Bankira**

(MBBS, MD Medicine, Fellowship Medical Oncology)

**Onocologist**

**SRV. Mamta Hospital, Dombivali (E)**



**Saturday  
12th February, 2022**



**11.00 A.M**



## Report on Gender Equity Program “Seminar on Cancer Awareness” (Criterion 7.1.1)

Date: 14-02-2022

Venue: College Auditorium

Time: 11.00 am

Women Development Cell and NSS of Saket College of Arts, Science and Commerce in association with IQAC had organized a seminar “Cancer Awareness” on Saturday, 12<sup>th</sup> February, 2022 at 11.00 am in college auditorium. The guest speaker for the session was Dr. Jaishree Bankira (Oncologist)

The session was so informative. Dr. Jaishree informed the causes, caution and effects of Breast Cancer. All the girl student had a good conversation with the guest speaker. Guest speaker resolve the queries & myths about the Breast cancer.

Outcome:-

- Students made aware about the Breast cancer it's causes and precautions
- Students made aware about the regular health check up

Beneficiaries: 78



*Bhagyavanti*

Head of the Department





# FEEDBACK FORM FOR "CANCER AWARENESS SEMINAR" ON 12TH FEB 2022

49  
Responses

01:26  
Average time to complete

Active  
Status

## 1. NAME

49  
Responses

Latest Responses

"Shivam amarnath prajapati "

"Sujal Sharma"

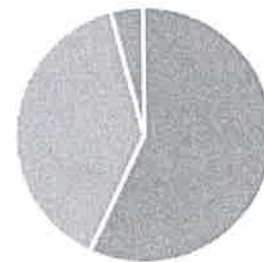
"Khushi shukla "

3 respondents (6%) answered **Sanjay** for this question.



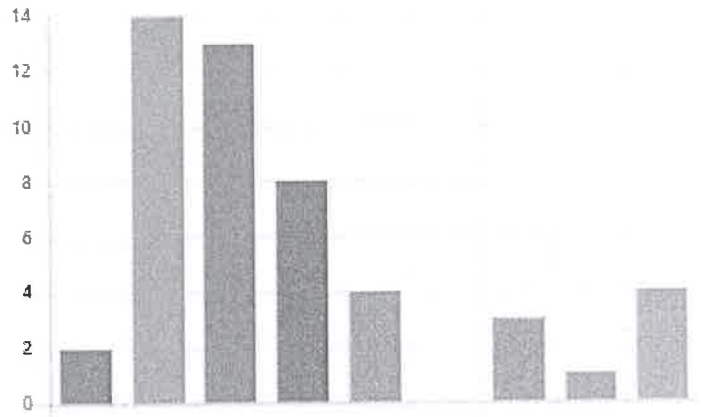
## 2. CLASS

- FIRST YEAR 28
- SECOND YEAR 19
- THIRD YEAR 2



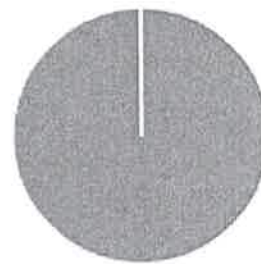
### 3. STREAM

<input type="radio"/> B. Sc (IT)	2
<input type="radio"/> B. Com	14
<input type="radio"/> B.com (A&F)	13
<input type="radio"/> BMS	8
<input type="radio"/> B.com (B&I)	4
<input type="radio"/> B.com (FM)	0
<input type="radio"/> B.com (IM)	3
<input type="radio"/> B. Sc (CS)	1
<input type="radio"/> B.A.	4



### 4. DO YOU LIKE THE SEMINAR?

<input type="radio"/> YES	49
<input type="radio"/> NO	0



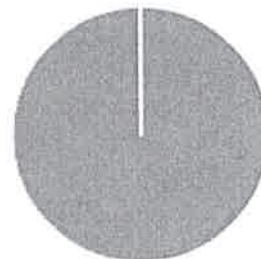
### 5. HOW WOULD YOU LIKE TO RATE THE SESSION?

49  
Responses



### 6. WOULD YOU LIKE TO ATTEND MORE SEMINAR LIKE?

<input type="radio"/> Yes	49
<input type="radio"/> No	0



### 7. ANY SUGGESTION

43

Responses

Latest Responses

"NO ANY SUGGESTION"

"I love to have competative program from MNC in our colleges"

"Interested to learn on future financial career based in IT."

6 respondents (14%) answered **seminar** for this question.





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## Report on Guest Lecture on 'Health Requires Healthy Food'

Date: 27<sup>th</sup> September, 2021.

Dept: Women Development Cell

Time: 12:00 to 1:00pm

No of beneficiaries: 102

The Women Development Cell had organized a Guest Lecture on 'Health requires healthy food ' by Dr. Prachi Thakare ( B.H.M.S. , P.G. Nutrition) for students of Degree College on 27<sup>th</sup> September 2021 on Microsoft Teams . The session was headed by Prof. Manasi Bapat, Prof. Manisha Kulkarni and Prof. Kirti Choudhari.

Dr. Prachi Thankare explain the deceases and health related problems of college going students. She also explain the reasons of health issues. Further she mentioned in her speech that the main reasons for health issues in young generation is due to unbalanced diet and unhealthy food.

Dr. Prachi suggested many food items which can supplement mental and physical health of young generation. She also explain how we can avoid junk food by replacing it with home made food . She also suggest some food items like milk , dairy products and nuts for health of students.

In the last 15 minutes students ask doubts to madam and she gave the answers to students.

Regards,

Manasi Bapat

Chair Person

WDC





Saket Gyanpeeth's  
**SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE**

( Un - Aided, Hindi Linguistic Minority College )

(NAAC Accredited "B" Grade)  
(Affiliated to University of Mumbai )

Date:24/9/2021

**Notice**

All the students of Degree College are hereby informed that Women Development Cell in association with IQAC is conducting virtual guest lecture on **“Health requires Healthy Food”** on Monday 27<sup>th</sup> September, 2021 at 12.00 p.m.

The link for the session will be provided on the same day.



Programme co-ordinator

IQAC co-ordinator

Chief Co-ordinator

IC Principal

**Copy To**

1. Hon. Secretary C.E.O, Saket College
2. Vice Principal
3. Office Superintendent
4. Notice Board
5. Notice File
6. Website





Saket Gyanpeeth's

**Saket College of Arts, Science & Commerce**

(Affiliated to University of Mumbai)

NAAC Accredited B Grade

Women Development Cell in association with IQAC is  
organising virtual guest lecture on

**Health Requires Healthy Food**

**Guest Speaker**



**Dr. Prachi Thakre**

**B.H.M.S, PG in Nutrition and Diet**

**Monday  
27 September, 2021**



**12.00 P.M**

 [www.saketcollege.edu.in](http://www.saketcollege.edu.in)

 [/saketcollegekyn](https://www.facebook.com/saketcollegekyn)

 Saket Vidya Nagari Marg, Kalyan East





Saket Gyanpeeth's

**SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE**

( Un - Aided, Hindi Linguistic Minority College )

(NAAC Accredited "B" Grade) (Affiliated to University of Mumbai)

Ref. No. Sc/2021-22/919

Date: 24/09/2021

To,  
Dr. Prachi Thakre  
B.H.M.S, PG in Nutrition and Diet

Sub: Invitation to be a Guest Speaker

Dear Ma'am,

Saket College of Arts, Science and Commerce (Affiliated to University of Mumbai), has been excelling for the past 19 years in imparting quality and value-based education to the students and moulding them into ideal global citizens. Our college offers various undergraduate and postgraduate programmes in Arts, Science and Commerce, with more than 5000 students presently enrolled in them. The college has been accredited by NAAC with "B" grade in the First cycle.

We are also having Management institute running MMS/MBA course affiliated to University of Mumbai and approved by All India Council for Technical Education


On behalf of "Women Development Cell" and "IQAC", We are delighted to invite your good self for virtual session on "Health Requires Healthy Food" on Monday, 27<sup>th</sup> September 2021 at 12:00 pm through Microsoft Teams platform.

Ma'am, it would be our pleasure to have you as our Guest Speaker to enlighten our faculties about "Health Requires Healthy Food".

We request to confirm your presence by accepting our invitation.

Thanking you

Regards,

  
Prof. Navnath K Mule  
I/C Principal  
Saket College of Arts, Science & Commerce

*Prachi Thakre*



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Saket Vidyanagari Marg, Chinchpada, Kalyan (East), Dist. Thane (MAH), INDIA - 421 306.  
www.saketcollege.org, E-mail : saketsrcollege@saketgyanpeeth.org, saketcollege2009@gmail.com  
☎ : 0251 - 2251500 / 2250951 • Mob.: 7208020258 / 7208020256

---

“ G Y A N A M - A N A N T A M ”



Saket Gyanpeeth's  
**SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE**

(Un - Aided, Hindi Linguistic Minority College)

(NAAC Accredited "B" Grade) (Affiliated to University of Mumbai)

Ref. No. SC/22/20/929

Date: 27/09/2021

To,  
Dr. Prachi Thakre  
B.H.M.S, PG in Nutrition and Diet

Subject: Letter of Appreciation

Respected Madam,

On behalf of Women Development Cell and IQAC of Saket College of Arts, Science and Commerce, we would like to express our appreciation for conducting virtual Guest Lecture on "Health requires Healthy Food" on 27<sup>th</sup> September 2021.

We are pleased to inform you that the session taken by you was extremely informative and the faculties gave a very positive response about the same. It was indeed our honour to have you as a Guest Lecturer and we profusely thank you for your valuable time.

We hope to continue the association with you in future also.

Regards

Yours Truly,

*my*  
Prof. Navnath K. Male  
I/C Principal  
Saket College of Arts, Science & Commerce

*K. K. K.*



Saket Vidyanagari Marg, Chinchpada, Kalyan (East), Dist. Thane (MAH), INDIA - 421 306.  
www.saketcollege.org, E-mail : saketsrcollege@saketgyanpeeth.org, saketcollege2009@gmail.com  
☎ : 0251 - 2251500 / 2250951 • Mob.: 7208020258 / 7208020256

“ G Y A N A M - A N A N T A M ”

**Report on Guest Lecture on 'Health Requires Healthy Food'**

Date: 27<sup>th</sup> September, 2021.

Dept: Women Development Cell

Time: 12:00 to 1:00pm


No of beneficiaries: 102

The Women Development Cell had organized a Guest Lecture on 'Health requires healthy food ' by Dr. Prachi Thakare ( B.H.M.S. , P.G. Nutrition) for students of Degree College on 27<sup>th</sup> September 2021 on Microsoft Teams . The session was headed by Prof. Manasi Bapat, Prof. Manisha Kulkarni and Prof. Kirti Choudhari.

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In the last 15 minutes students ask doubts to madam and she gave the answers to students.

  
Regards,

Manasi Bapat

Chair Person

WDC



The data could be incomplete due to the large number of meeting participants.

Full Name	User Action	Timestamp
Mansi.Bapat	Joined	9/27/2021
Yogendra.030101	Joined	9/27/2021
Shraddha.475001	Joined	9/27/2021
Ritesh.020503	Joined	9/27/2021
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Manisha. Kulkarni	Joined	9/27/2021
Ritesh.020503	Left	9/27/2021
ANANYA.020201	Joined	9/27/2021
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Nerlekar Priya	Joined	9/27/2021
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SHABNAM.11400	Joined	9/27/2021
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ANAND.11565	Joined	9/27/2021
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Manisha.Kulkarni	Joined	9/27/2021
ANUSHKA.11191	Joined	9/27/2021
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POOJA.030429	Joined	9/27/2021
SHUBHAM.11628	Joined	9/27/2021
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ADARSH.11456	Joined	9/27/2021
ADARSH.11456	Left	9/27/2021
SHRAVANI.030801	Joined	9/27/2021
SHRADDHA.1856	Joined	9/27/2021
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DEEPAK.3932	Joined	9/27/2021
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ABHIJEET.11361	Joined	9/27/2021
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SIDDHESHWAR.10752	Joined	9/27/2021
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Nair Grishma	Joined	9/27/2021
Bhagyasri.Agarwal	Joined	9/27/2021
ANAMIKA.050129	Joined	9/27/2021
KULDEEP.10984	Joined	9/27/2021
Praveen.474504	Joined	9/27/2021
Yashpal Kamble (Guest)	Joined	9/27/2021
Yashpal Kamble (Guest)	Left	9/27/2021
neha 21927 (Guest)	Joined	9/27/2021
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Pandey Pooja	Joined	9/27/2021
TANISHQ.10696	Joined	9/27/2021
Jadhav Prakash	Joined	9/27/2021
ASHUTOSH.3898	Joined	9/27/2021
ASHUTOSH.3898	Left	9/27/2021
Saurabh.020527	Joined	9/27/2021
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PAWAN.3924	Joined	9/27/2021
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Gayathri.Nair	Joined	9/27/2021
Anandrao Patil	Joined	9/27/2021
SANIKA.1882	Joined	9/27/2021
JYOTI.11491	Joined	9/27/2021
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SURAJ.11382	Joined	9/27/2021
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ADITYA.3915	Joined	9/27/2021
KRISHNA.4056	Joined	9/27/2021
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KANISHKA.030701	Joined	9/27/2021



Navnath Mule	Joined	9/27/2021
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Deepika Singh	Joined	9/27/2021
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DIVYANSHU.040714	Joined	9/27/2021
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ANSH.041206	Joined	9/27/2021
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ANJALI.11281	Joined	9/27/2021
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Gautam.474914	Joined	9/27/2021
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Pooja.020301	Left	9/27/2021
ABHISHEK.1953	Joined	9/27/2021
Anurag.2432	Joined	9/27/2021
Anurag.2432	Left	9/27/2021
arati kadam (Guest)	Joined	9/27/2021
arati kadam (Guest)	Left	9/27/2021
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Vishal Dubey (Guest)	Left	9/27/2021
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SOHEL.11611	Joined	9/27/2021
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Mundhe Rajeshree	Joined	9/27/2021
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ARPITA.040228	Joined	9/27/2021
Vishnu.282803	Joined	9/27/2021
Hemalatha Ganesh Thevar (G	Joined	9/27/2021
Renuka.010412	Joined	9/27/2021
NANDINI.010323	Joined	9/27/2021
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namita .bagwe	Joined	9/27/2021
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SARVAN.10866	Joined	9/27/2021
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SHABNAMDEVI.991217	Joined	9/27/2021
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KAUSHLYA.10474	Joined	9/27/2021
AKASH.4259	Joined	9/27/2021
AYUSH.11542	Joined	9/27/2021
Dr.Kamble Shahaji	Joined	9/27/2021
sunita .jaiswar	Joined	9/27/2021
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Reena.Agarwal	Left	9/27/2021
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Praveen.010114	Joined	9/27/2021
PRITI.1976	Joined	9/27/2021
Dr.Vasant Barhate	Joined	9/27/2021
SHIVANI.11384	Joined	9/27/2021
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SHALU.11661	Joined	9/27/2021
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IVAN.4060	Joined	9/27/2021
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SAKSHI.031204	Joined	9/27/2021
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PRIYA.031013	Joined	9/27/2021



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Aishwarya Kamble (Guest)	Joined	9/27/2021
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arati kadam (Guest)	Joined	9/27/2021
Tayyabali Mohammad Umar	Joined	9/27/2021
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CHANDAN.11360	Joined	9/27/2021
Manoj Rajani	Joined	9/27/2021
Manoj Rajani	Left	9/27/2021
Manoj Rajani	Joined	9/27/2021
SANGRAM.020417	Joined	9/27/2021
SANGRAM.020417	Left	9/27/2021
Rohan.020330	Joined	9/27/2021
Rohan.020330	Left	9/27/2021
Rohan.020330	Joined	9/27/2021
Vinay Vishnu Rathod - Studer	Joined	9/27/2021
Vinay Vishnu Rathod - Studer	Left	9/27/2021
Sujata gupta (Guest)	Joined	9/27/2021
nivedita gophane (Guest)	Joined	9/27/2021
nivedita gophane (Guest)	Left	9/27/2021
shweta prasad21561 (Guest)	Joined	9/27/2021
nivedita gophane (Guest)	Joined	9/27/2021
Aarti gupta (Guest)	Joined	9/27/2021
Aarti gupta (Guest)	Left	9/27/2021
MARWA.050207 (Guest)	Joined	9/27/2021
SUHANI .030216	Joined	9/27/2021
Arpit Singh (Guest)	Joined	9/27/2021
Arpit Singh (Guest)	Left	9/27/2021
OMKAR.1876	Joined	9/27/2021
OMKAR.1876	Left	9/27/2021
HARSH.030516	Joined	9/27/2021
Praseena Biju	Joined	9/27/2021
Aarti gupta (Guest)	Joined	9/27/2021
SANDHYA.040525	Joined	9/27/2021
SANDHYA.040525	Left	9/27/2021
Vishal Yadav (Guest)	Joined	9/27/2021
Vishal Yadav (Guest)	Left	9/27/2021
RAJ.10781	Joined	9/27/2021
RAJ.10781	Left	9/27/2021
NIKITA.11236	Joined	9/27/2021
NIKITA.11236	Left	9/27/2021
Priyanka.475674	Joined	9/27/2021
SADHANA.970615	Joined	9/27/2021
SADHANA.970615	Left	9/27/2021





DAKSHATA.031203	Joined	9/27/2021
Priya Mishra (Guest)	Joined	9/27/2021
Priya Mishra (Guest)	Left	9/27/2021
ASMITA.991117	Joined	9/27/2021
ASMITA.021023	Joined	9/27/2021
Swapnali Shukla	Joined	9/27/2021
Bhakti.Mulchandani	Joined	9/27/2021
Rushikesh.040503	Joined	9/27/2021
Rushikesh.040503	Left	9/27/2021
SHIVANI.4025	Joined	9/27/2021
SATYAM.4110	Joined	9/27/2021
VISHWAS.11612	Joined	9/27/2021
VISHWAS.11612	Left	9/27/2021
SARANGI.10909	Joined	9/27/2021
PREETI.10835	Joined	9/27/2021
PREETI.10835	Left	9/27/2021
AMRUTA.030412	Joined	9/27/2021
SATYAM.4164	Joined	9/27/2021
SAKSHI.11313	Joined	9/27/2021
SAKSHI.11313	Left	9/27/2021
Riya.Raheja	Joined	9/27/2021
Manjiri.Dorati	Joined	9/27/2021
SONI.040530	Joined	9/27/2021
DEEPAK.4081	Joined	9/27/2021
SAURABH.11292	Joined	9/27/2021
SAURABH.11292	Left	9/27/2021
Rajesh Yadav (Guest)	Joined	9/27/2021
Vaibhav.020221	Joined	9/27/2021
Anjali.010505	Joined	9/27/2021
Pramila.020413	Joined	9/27/2021
SAPNA.041213	Joined	9/27/2021
shalaka .chavan	Joined	9/27/2021
amol (Guest)	Joined	9/27/2021
SMITOSH.11246	Joined	9/27/2021
Omkar.010108	Joined	9/27/2021





**SOMAIYA**  
**VIDYAVIHAR**

K J Somaiya College of Arts & Commerce



Create, Nurture and Transform



# Certificate Of Participation

This is to certify that  
**Dr./Mr./Mrs./Ms. Bhagyasri Agarwal**  
of **Saket college of arts science and commerce** has participated in the  
**One Day National Workshop**

on

**'Gender Audit'**

organised by Women Development Cell (WDC) in collaboration with  
Internal Quality Assurance Cell (IQAC) on 21st December, 2021  
of

**K J Somaiya College Of Arts And Commerce**  
(Autonomous)

Re-accredited by NAAC with grade a with CGPA 3.33  
UGC – College with Potential For Excellence



**Dr. Satyawan Hanegave**  
IQAC Coordinator

**Dr. Mahendra Mishra**  
IQAC Co-Cordinator

**Dr. Sunil Chandanshive**  
Convenor

**Mrs. Monika Sawant**  
Convenor

**Dr. Veena Sanekar**  
Incharge Principal



Date: 1<sup>st</sup> February 2022

### NOTICE

All the degree students are hereby informed that 'WOMEN DEVELOPMENT CELL' in association with IQAC is planning to organize 'YOGA FOR HEALTHY LIFE' on 7<sup>th</sup> February 2022 at 9 am. The session will be held at college premises.

#### NOTE:

- 1) All the students should wear t-shirt and track pants.
- 2) Students should bring their own yoga mat (compulsory).
- 3) Students should follow the Covid Protocol.
- 4) Interested students should register to the below link on or before 4<sup>th</sup> February 2022 by 3 p.m.

#### Link for the registration:

<https://forms.office.com/r/yAT8yLycbV>

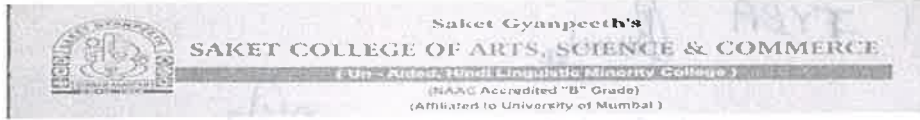
  
VICE PRINCIPAL



  
PRINCIPAL

#### Copy To

1. Hon. Secretary / C.E.O., Saket Gyanpeeth
2. Vice-Principal
3. Office Superintendent
4. Notice Board
5. Notice File
6. Web site



Date: 18 February, 2022

### NOTICE

All the degree students are hereby informed that Yoga session 'Yoga for Healthy Life' which was supposed to be held on 7<sup>th</sup> February, 2022 has been postponed to Monday, 21<sup>st</sup> February, 2022

Venue: - College Premises

#### NOTE:

- 1) Students should wear t-shirt and track pants.
- 2) Students should bring their own yoga mat / any mat.
- 3) Students should follow the Covid Protocol.

  
PRINCIPAL

#### Copy To

1. Hon. Secretary / C.E.O., Saket Gyanpeeth
2. Vice-Principal
3. Office Superintendent
4. Notice Board
5. Notice File
6. Web-site





**Saket College of Arts, Science & Commerce**

(Affiliated to University of Mumbai)

NAAC Accredited B Grade

WDC Cell in association with IQAC is organising  
**"YOGA Session"**

***Yoga for Healthy Life***

**Yoga Instructor**



**Ms. Heena Bhatt**

**Professional Yoga Instructor**



**Monday  
21st February, 2022**



**9.00 A.M**

**SAKET GYANPEETH'S**  
**SAKET GROUP OF EDUCATIONAL INSTITUTIONS, KALYAN EAST**  
**Women Development Cell In association with**  
**IQAC (Saket College of Arts Science and Commerce)**

**CELEBRATES**

**“Yoga for Healthy Life”**

**(OFFLINE CELEBRATION)**

**Monday – 21<sup>st</sup> February, 2022**

**Time: 09.00 a.m.**

<u>PROGRAM AGENDA</u>		<u>Time</u>
1.	Introduction of Event, WDC, Guest – Asst.Prof Gayathri Nair	9.00 Am – 9.10 Am
2.	Felicitation of Guest - Principal Prof. (Dr.) Vasant Barhate	9.10 Am – 9.20 Am
3.	Speech by Principal Sir	9.20 Am – 9.30 Am
4.	Instructions to students (Covid Protocol)	9.30 Am – 9.35 Am
5.	Yoga Event	9.35 Am – 10.35 Am
6	Vote of Thanks – Asst.Prof. Kadambari Khairnar	10.35 Am – 10.45 Am





# Saket Gyanpeeth's SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

( Un - Aided, Hindi Linguistic Minority Institution )

( NAAC Accredited "B" Grade )  
( Affiliated to University of Mumbai ) ,

Ref No. SC / 2022 - 2023 / 1138

Date: 02 Feb. 2022.

To,  
Ms. Heena Bhatt  
Yoga Therapist

**Subject: Invitation letter for Yoga session**

Dear Ma'am,

Saket college of Arts, Science and Commerce (Affiliated to University of Mumbai) has been excelling for the past 19 years in imparting quality and value-based education and extra curriculum activities for the students and moulding them into ideal global citizens. Our college offers various undergraduate and post graduate programme in Arts, Science, and Commerce and catering the quality education to 4500 plus students. The college has been accredited by NAAC with 'B' Grade in the first cycle.

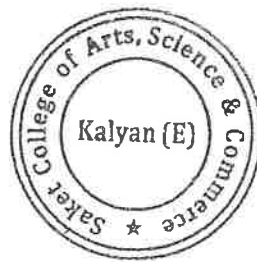
We are pleased to inform you that our college is organizing Yoga session "Yoga for Healthy Life" on 7<sup>th</sup> February 2022 at 9 am for Saketians. This will help students to make them aware about importance of Yoga in today's fast life.

On behalf of IQAC and WDC of Saket College of Art, Science and Commerce we invite you to conduct the Yoga session "Yoga for Healthy Life" as a resource person.

Kindly accept the invitation for the same. We look forward for your positive response.

With Regards & Thanks,

Yours truly,



(Prof. (Dr.) Vasant. D. Barhate)



# Saket Gyanpeeth's SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

( Un - Aided, Hindi Linguistic Minority Institution )

( NAAC Accredited "B" Grade )  
( Affiliated to University of Mumbai )

RefNo: SC/2021-2022/1145

Date: 21<sup>st</sup> Feb' 2022.

To,  
Ms. Heena Bhatt  
Resource Person  
(Yoga Therapist)

**Subject: - Letter of Appreciation**

Respected Ma'am,

On behalf of Women Development Cell and IQAC of Saket College of Arts, Science and Commerce, we would like to express our appreciation for conducting Yoga session "Yoga for Healthy Life" on 21<sup>st</sup> February 2022 at 9.00 am.

We are pleased to inform you that the session taken by you was extremely beneficial and the students gave a very positive response about the same. It was indeed our honour to have you as an instructor and we profusely thank you for your valuable time.

We hope to continue the association with you in future also.

Regards

Yours Truly,



Principal

Prof. (Dr.) Vasant D. Barhate

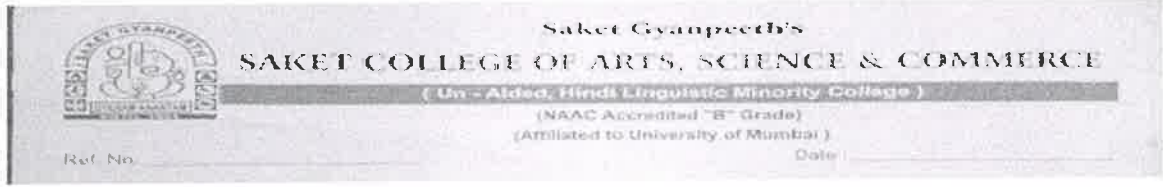
Saket Vidyanagari Marg, Chinchpada, Kalyan ( East ), Dist. Thane (MAH), India - 421 306.  
www.saketcollege.edu.in, E-mail : info@saketcollege.edu.in, saketcollege2009@gmail.com  
: 0251 - 2251500 / 2250951 • Mob: 7208020258 / 7208020259

“ G Y A N A M - A N A N T A M ”





SY



## ATTENDANCE RECORD OF FOR "YOGA FOR HEALTHY LIFE"

## WDC PROGRAM 2021-2022

21<sup>st</sup>  
Date: 21<sup>st</sup> Feb, 2022  
Time: 09.00 am  
Venue: College Ground

SY

Sr.No	Name	Contact No	Mail Address	Sign Class
1	Krutika More	9892149635	morekrutika975@gmail.com	SYBAF
2.	Shweta Gawali	816953826	Shwetagawali1432@gmail.com	SY.BAF
3.	Pal Baby susendra	7045449788	Palswati46@gmail.com	SYBMS
4.	Behera Arjun Anirjoti	9967002705	anirjotib10@gmail.com	Sybbi.
5.	Praykate M. Aekam	9872960737	utekarpraykate03@gmail.com	SYBAF
6.	Sayali U. Dhange	9526079040	SayaliBhange6@gmail.com	SYBAF
7.	Pratiksha k.	7208676678	baharsagarpratiksha@gmail.com	SyBAF
8.	Nisha Ram	8828060949	Rumastinisha@o4o1gmail.com	Sy. BAF
9.	ujala gautam	7208240765	gautamujala@gmail.com	Sy.B.MS.
10.	Vaishnavi Endole	9049679638	Vaishnaviendole@gmail.com	S.Y. BAF
11.	Manisha Singh	9321436811	12002e053549@gmail.com	SYBMS
12	Sandana Prajapati	7400107205	Sandana.Prajapati03@gmail.com	S.Y.BAF
13	Nikita. Gawali	8451950805	gawalinikita23@gmail.com	SYBBI
14	Jyoti Gunjar	7821853339	Jyotigunjar88@gmail.com	SYBBI
15	Jalguni Nikam	7715019409	sakeshinikam7677@gmail.com	SYBAF
16.	Kavita choudhary	8355857882	choudharykavita811@gmail.com	SYBAF







**Report on Gender Equity Program "Yoga for Healthy Life" (Criterion 7.1.1)**

Date: 21-02-2022

Venue: College Ground

Time: 09.00 am

Women Development Cell of Saket College of Arts, Science and Commerce in association with IQAC had organized a Yoga Session "Yoga for Healthy Life" on Monday, 21<sup>st</sup> February, 2022 at 09.00 am on college ground. The resource person for the session was Ms. Heena Bhatt (Yoga Therapist)

The session was so informative and energetic. Ms. Heena Bhatt explain the importance of yoga, she showed some simple & beginner asanas which is about 45 minutes

Outcome: -50

- Students got the chance to know how Yoga embodies unity of mind and body.
- Students made aware about the importance of yoga in daily life.
- Students made aware about How Yoga helps to increase concentration.

Beneficiaries:



Head of the Department

*Bhagyashri*





# Feedback Form for "Yoga for Healthy Life"

30

Responses

02:11

Average time to complete

Active

Status

## 1. Name of the students

30

Responses

Latest Responses

"Manisha Angad Singh"

"Shubham Vilas More "

"Arunjyoti Arjun Behera"

## 2. Class

30

Responses

Latest Responses

"Sybms (finance)"

"Sy"

"Sybbi"

## 3. Contact no.

30

Responses

Latest Responses

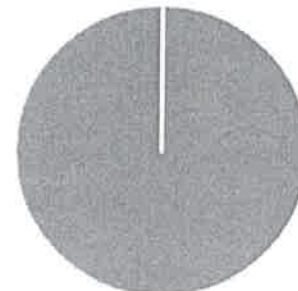
"9321436811"

"03"

"9967002705"

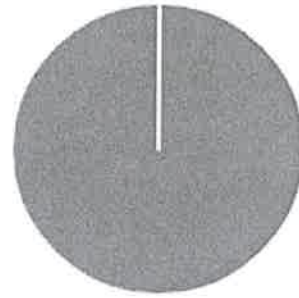
## 4. Did you like the event?

- Yes 30
- No 0



### 5. Do you think the Session was beneficial?

- Yes 30
- No 0



### 6. How would you like to rate the session

30  
Responses



### 7. Would you like to attend more sessions like this?

- Yes 30
- No 0



### 8. Any Suggestions

25  
Responses

Latest Responses

"Take More sessions"

"...."

"No"

