

## SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

(Un Aided, Hindi Linguistic Minority Institution)

(Permanently Affiliated to University of Mumbai) (NAAC Accrediated "B" Grade)

Report on Constitution Day

Date: 25th November 2022

Time: 09:00 am

Venue:Saket College of Arts, Science & Commerce (Kalyan East)

Constitution day was celebrated by NSS UNIT in our college in association/collaborated with MNS-MAHARASHTRA-SAINIK KALYAN EAST on 26 November 2022 to commemorate the adoption of the Indian Constitution. Our program officer and NSS ex leader addressed the students of the Primary wing and took them on a journey of the framing of the Indian constitution from its history to its present -day form; and its vital role in bringing together 'an idea called India'. The activity ended with students participating in quiz competition on the Indian constitution to highlight and reiterate the values and principles enshrined in the Constitution. Principle felicitated top three winners by giving them certificate and Preamble of Indian Constitution Frame Wall Art.

#### Outcome :-

To mark the significance of the constitutional values among the volunteers and students and also, to bring awareness of the importance of the Indian Constitution and its architect, Dr. BR Ambedkar.

students understand The Constitution contains the most important rules of our political system. It protects the rights of the people inside the country, and it explains their obligations.

volunteers aware of the purpose of the constitution to form a more perfect union, to establish justice, to ensure domestic tranquility, to provide for the common defense, to promote the general welfare, and to secure the blessings of liberty.













NSS Program Officer

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## SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

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(Permanently Affiliated to University of Mumbai)
Report on Marathon - Run for leprosy

Time: 7:30 AM Date 30-1-2023

Venue : Saket College, Kalyan(E)

NSS Unit of Saket College of Arts, Science & Commerce successfully organized Marathon Run for Leprosy on 30th January 2023 at 7:30 am. on the occasion of the death anniversary of the Father of the Nation Mahatma Gandhi, on behalf of the Maharashtra Government Health Services, Assistant Director of Health Services Leprosy Thane, Kalyan Dombivli Municipal Corporation within the limits of Kalyan Dombivli Municipal Corporation, started the Sparsh Leprosy Awareness Fortnight, Hon. Assistant Director Health Services (Leprosy) Thane, Dr. Geeta Kakade Madam started the program by lighting a lamp and garlanding the statue of Mahatma Gandhi and the "Run For Leprosy-Marathon" program was conducted at Saket Gyanpeeth. Sameer Saravankar sir started the competition by showing the green flag, a large number of students participated in this competition and completed the competition, on this occasion the Principal of Saket College Hon. Dr. Vasant Barhate, as well as Vice Principal Shri. Rani Raghuvanshi Madam, Vice Principal Prof. Head of Mulesar NSS Shri. Jadhav Sir, Mr. Chaudhary Sir Prof. Priya Nerlekar and Medical Officer of Civil Health Center Khadegolvali Hon. Dipali More Madam, PHN, and her entire team helped make the marathon a success. On this occasion, the principal of the college asserted that the volunteers of the National Service Scheme will go to villages and work for the eradication of leprosy. District Supervisor Shri. Khatgaonkar Sir, Nikumbh Sir, Awais, Satav Sir, Nikhade Sir, and all the Awais of Kalyan Dombivali and P. M. W was present

#### Run for leprosy Winner 1,2 and 3 Rankers

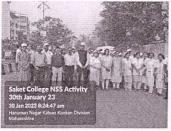
1. Avinash Korde. 8000

2. Sachin Palve. 5000

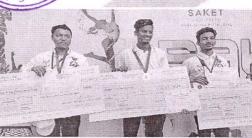
3. Deepak Tagad. 3000

Beneficiaries: 67









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#### Report on Tree Plantation

Time: 09.00 AM TO 11.00AM

Date: 15-08-2022

Venue: Campus of Saket CollegeArt, Science and Commerce

Saket College of Arts, Science and Commerce had organized a "Tree Plantation" on the occasion of "Azadi Ka Amrut Mahotsav" on 15<sup>th</sup> August, 2022. The program aimed to plant about 30 saplings in the College campus and all around as well. The forestry coordinator guided students on how to sow seeds and plants. Patanjali Parivar also participated in that event to help students and faculty. At first, we started to implant seedlings along the college campus and then along all sides of the main ground. After that, the students planted in the local areas nearby our school and college. Some charts and banners were also designed by the students relevant to tree plantation. These posters were hung there to raise awareness in the people about the needs of tree plantations.





Beneficiaries: 75

**OUTCOMES:** In the end, the principal addressed and thanked the chief guest as well as teachers and students for coming and participating in that fruitful activity. giving their precious time. Overall, this was an excellent and glorious event for all. I felt inner peace by doing something good for my nation.

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#### Report on Run For Unity

Date: 30th October 2022.

Time: 07:00 am

Venue: Runholics academy - Palegaon, Ambernath west.

The NSS Unit of Saket College of Arts, Science & Commerce participated in the Yua ekta marathon called **run for unity** organized by Runaholics Academy Ambernath on the birth anniversary of sardar Vallabhbhai patel & National Unity Day. The session stared **At 07:00 am.** The marathon promoted interaction & mutual understanding, health awareness, unity in diversity and national spirit among the people. In this activity students from different academies and colleges participated and from our college 09 volunteers & Ex.NSS leader Pranav sir took part in this Run of Unity. Certificates and refreshment to all the participants were distributed.









#### Outcome

- 1) People understand Running regularly strengthens your heart by increasing your aerobic capacity. & helping keep your blood pressure and high cholesterol at health levels.
- 2) Running in times of stress helps you better handle life's challenges by increasing your mental resilience.
- 3) By participating they understand discipline & accountability, friendship and community, dealing with negative emotions.

NSS Program Officer

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## SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

#### (Un-Aided, Hindi Linguistic Minority Institution)

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#### Report on Guest Lecture "Consumerism and Food adulteration"

Venue: Auditorium, Ground Floor (MMS Building)

Time: 10:00 am

The Department of Life Long Learning and Extension in association with IQAC of Saket College of Arts, Science and Commerce had organized a guest lecture on "Consumerism and food adulteration" to give awareness among undergraduate students about consumer rights and how consumers are misleaded in the consumer market.

Principal Dr. V. S. Barhate graced the occasion by lighting the lamp followed by a prayer song. Ms. Latika and Ms. Ishika of SYBCom anchored the event. Mr.Gajanan Patil sir was the guest lecturer of the event, who is a Project Officer in "jago Grahak Jago". He is a member on Thane and Raigad district Advisory Committee under food safety standards of food and drug administration.

The session was quite interesting as Gajanan Patil sir demonstrated various food adulteration identification technique to students, teaching and non-teaching staff. Ms. Vaishnavi of SYBIM gave a vote of thanks to all and concluded the event.

The feedback of the event was taken from the participating students where in the event received an overall rating as excellent.

#### Outcome:

Students from all streams were encouraged to attend the lecture and get aware of their rights as consumers in various walk of their life.

#### Beneficiaries:

Volunteers:

Males: 08

Females: 08

Participants:

Males: 80

Females: 82





Extension Teacher (Department of Life Long learning and Extension)



Date: 24/11/2022

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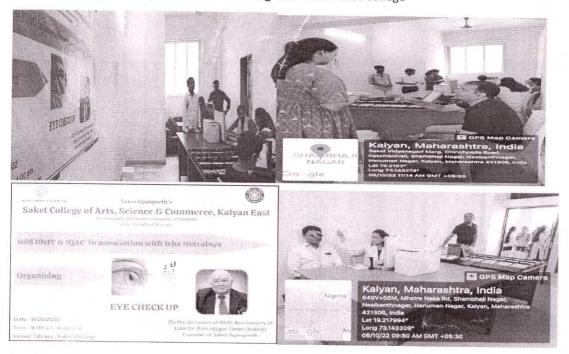
#### Report on Eye Check Up Camp

Time:09.00 AM

Date: 06-10-2022

Venue: Saket College. Room No 107

Nss unit and IQAC in association with Isha Netralaya of Saket College of Arts, Science and Commerce had organized a "Eye Check Up Camp" on the occasion of "On the occasion of the Birth Anniversary of Late. Dr. Ram Ujagar Tiwary (Bapuji) was the Founder of Saket Gyanpeeth " on 6th September, 2022 at Saket College Between 9:00Am - 4:00 Pm It was open to all. 42 Blood Bottles were collected. A total of 72 students, eight faculty and 10 non teaching staff from Saket College



Beneficiaries: 27

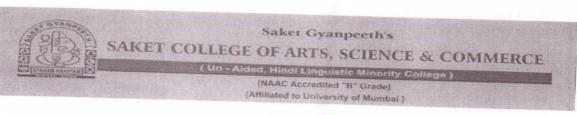
#### **Outcomes:**

To support these organizations in their initiatives, many people come forward every year and participate in their programs and even bear the cost of the treatment of people.

There are a lot of people who are getting treated and referred for more specific consultation through these eye camps.

NSS Program Officer

Saket Vidyanagari Marg, Kalyan East, Dist. Thane (MAH), INDIA



## Report on International Yoga Day [Criteria 3 Sub Point 3.3.3]

Date: 21st June 2022

Time: 8:30 am

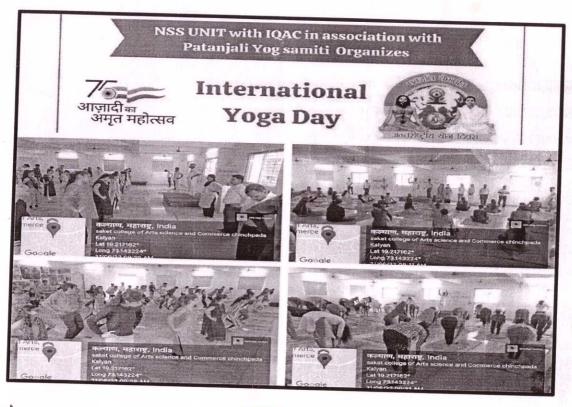
Venue: College Yoga Hall

NSS Unit of Saket College of Arts, Science and Commerce and IQAC in association with "Patanjali Yog Samiti is Celebrating International Yoga Day" on Tuesday 21stJune, 2022 at 8:30am. In this Program 55 and more Students and 06 teachers Participated. Demonstration done by Resource person Shri. Satish Mulavekar (Yoga Instructor), Shri. Parmeshwar Jadhav, Shri. Ashok Kumar Kakkar and Patanali Pariwar Kalyan. The Yog Guru explained the benefits of yoga in our busy and routine life. The Participants actively took part in the Session and done the Demonstration of aasans.

Outcome: 1) Improves Memory and Attention Span 2) Encourages Self-Love And Self-Care

3) Reduced Eye Strain and Headaches

Total beneficiaries:- 55 students and 6 professors



Program Officer



Principal



## SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

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#### Report on Mega Blood Donation Camp

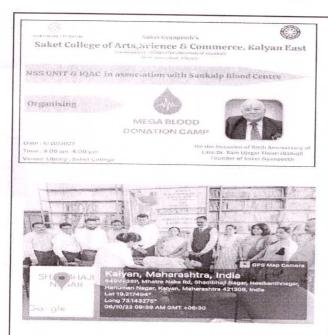
Date: 06-10-2022

Time:09.00 AM

Venue: Library

Nss unit and IQAC in association with Sankalp Blood Center of Saket College of Arts, Science and Commerce had organized a "Mega Blood Donation Camp" on the occasion of "On the occasion of the Birth Anniversary of Late. Dr. RAM Ujagar Tiwary (Bapuji). He was the Founder of Saket Gyanpeeth "on 6<sup>th</sup> September, 2022 at Saket College Between 9:00Am - 4:00Pm It was open to all. 42 Blood Bottles were collected. A total of 72 students, eight faculty and 10 non teaching staff from Saket College

Volunteers/ students came forward to donate blood during the camp which included teaching & non-teaching staff, students & non-student donors. a total no of students is 72, a total no of faculty 8 and 10 non teaching staff from Saket College.





Beneficiaries: 72

**Outcome:** The purpose of organizing a blood donation camp is to motivate and maintain a permanent well-indexed record of voluntary blood donors.

NSS Program Officer

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NURTURING POTENTIAL

## SAKET COLLEGE OF ARTS, SCIENCE & COMMERCE

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#### Report on Residential camp Day-1

Date 19-1-2023

Venue: Arogya Mandir, Sahyadri Nisarga Jeevan Sanstha, Jambhilaghar, Boradpada Road, Badlapur, (W)

The NSS Unit of Saket College of Arts, Science & Commerce, Kalyan(E) conducted a Camp for Seven Days at the Arogya Mandir, Sahyadri Nisarga Jeevan Sanstha, Jambhilaghar, Boradpada Road, Badlapur, (W) 80 students participated actively in the NSS Camp and extended a good service for the health, hygiene and welfare of the village. The NSS Camp was organised by Mr. Prakash Jadhav and Mrs. Priya Nerlekar The Program Officer, along with the other faculty coordinators, Miss Shubhangi Ingole and Mr. Ajay Shelar.with the guidance and support of Dr. Vasant Barhate Principal, of Saket College. The NSS Camp was initiated by Mr. Prakash Jadhav and Mrs. Priya Nerlekar The Program Officer who briefed about the importance of NSS as well as the morals of the camp.

Beneficiaries: 80











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Report on Residential camp Day-2

Date 20-1-2023

Venue : Arogya Mandir, Sahyadri Nisarga Jeevan Sanstha, Jambhilaghar, Boradpada Road, Badlapur, (W)

On this day the cleaning of the surroundings of the school and the temple as well as the roads of the village was taken up by the student volunteers. Student Volunteer Vaishnavi Sharma, Dasha Solanki And Aakash Sing had met with the Principal and Sarpanch of Mulgaon Village with the purpose of activity from Nss Volunteer. Some student volunteer groups had gone to Mulgaon Village and some of them had gone to Jambhilaghar. This activity is expected to promote the importance of self-cleaning on health-hygiene among the Mulgao, Jambhilaghar villagers.

Beneficiaries: 80













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#### Report on Residential camp Day-3

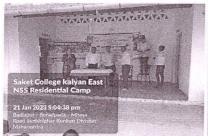
Date 21-1-2023

Venue : Arogya Mandir, Sahyadri Nisarga Jeevan Sanstha, Jambhilaghar, Boradpada Road, Badlapur, (W)

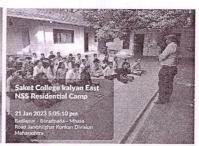
A very informative talk on **Addiction-Free India** was delivered by Milind Patil. They had mentioned the problem of Addictions such that Addictions generally began as something to try for fun and then evolved to a dependency for comfort. If a person did not recognize and stop this dependency, it could become an addiction. Often this happens before the person is even aware of this happening. This level of dependency could become an obstacle to a person's functioning in society. It also has adverse effects on their mental health and can aggravate existing problems.

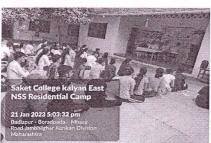
It is also something that harms one's health and then begins affecting friends and family's lives. The rate at which addiction could cause destruction goes beyond the individual themselves.

#### Beneficiaries: 80













Kalyan (E) Commander of Kalyan (E)

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#### Report on Residential camp Day-4

Date 22-1-2023

Venue : Arogya Mandir, Sahyadri Nisarga Jeevan Sanstha, Jambhilaghar, Boradpada Road, Badlapur, (W)

A very informative talk on NSS and Competitive Exam Preparation Strategy was delivered by Thane District Coordinator Prof. Jeevan Vichare. NSS is playing an important role in the development of the country and of the students associated with it. NSS has helped many people who were affected by some calamity. The students, whoever are present in this camp. I would be thankful to your parents for sending you to the camp part of NSS. NSS provides the students with a platform for serving their nation and their personality development also. sir had given a lecture on the competitive exam student should be Focus on self-study. This will ensure that your strategize a plan accordingly and devote equal time for preparation of each section and subject

Beneficiaries: 80

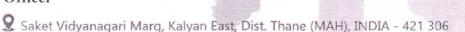








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#### Report on Residential camp Day-5

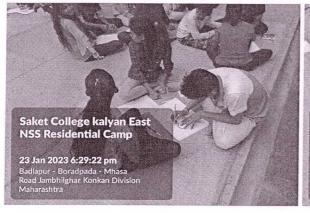
Date 23-1-2023

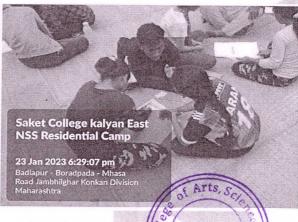
Venue : Arogya Mandir, Sahyadri Nisarga Jeevan Sanstha, Jambhilaghar, Boradpada Road, Badlapur, (W)

On this day Poster Making competitions were held on topics such as Beti Bachao Beti Padhao and 75 Amrut Mahotsav. The Main objective of the competition of **75 Amrut Mahotsav** is a homage to our freedom fighters and the independence movement by our people. The overall theme of the **Beti Bachao Beti Padhao Yojana scheme** is to push the Indian society towards offering girl-child a better and safe environment to grow in.

Beneficiaries: 80







NSS Program Officer

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Report on Residential camp Day-6

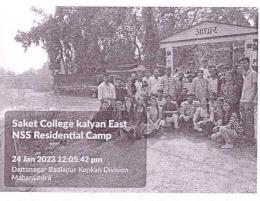
Date 24-1-2023

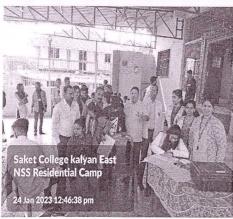
Venue : Arogya Mandir, Sahyadri Nisarga Jeevan Sanstha, Jambhilaghar, Boradpada Road, Badlapur, (W)

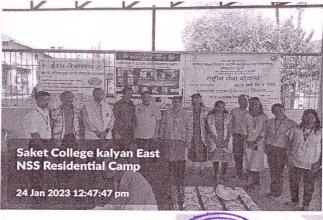
On this day, the Lions Club of Kalyan Saket Gyanpeeth Campus arranged a Health Check-up Camp for villagers in which about 200 members of villagers and student volunteers were examined by the invited doctors. Then we moved toward the adhar .Thakur wadi- adhar (Disable) Mulgao. All the volunteers with PO went to the adhar and their they take the introductory session and then they divided the boys and girls and took them to visit the adhar. They show us the Rooms where people rest ,their kitchen and the place where the workers have been working from the last 15 to 20 years in the kitchen. The people in the adhar had vocationally trained to inculcate work, and they do the works very neatly and beautifully.

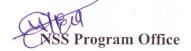
Beneficiaries: 80













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Report on Marathon - Run for leprosy

Time: 7:30 AM Date 30-1-2023

Venue : Saket College, Kalyan(E)

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